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| **C-SARA Licensure Information** |
| [NC-SARA](https://nc-sara.org/directory) is an agreement among member states that establishes comparable national standards for interstate offering of postsecondary distance education. UWS ascribes to [NC-SARA](https://nc-sara.org/directory) policies, including the responsibility to make reasonable efforts to determine whether the CMHC program meets the requirements for professional licensure in a student’s home state. As is common in the counseling profession, most state licensing agencies will **NOT** review programs or program courses **UNTIL** an applicant (student who completed an academic program) applies to pursue licensure. In such a case, the [NC-SARA](https://nc-sara.org/directory) policy then requires the university to provide contact information for the student directing them to the licensing agency in the student’s home state in case the student wants to contact the agency directly. See the link to your state’s licensing board website in the [CMHC Hub in Canvas](https://canvas.uws.edu/courses/306). |

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| **Program Requirements and Related Policies** |
| Minimum Required Cum GPA | First Term GPA Requirement: 2.0Cum GPA Requirement: 3.0 | [Policy 1218 Academic Standing and Satisfactory Academic Progress](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fftp.uws.edu%2Fudocs%2Fpublic%2FPolicies_Public_Access%2FAcademic_Policies_1200s%2FPolicy1218_Academic_Standing_and_Satisfactory_Academic_Standing.pdf&data=05%7C02%7Cjreeder1%40uws.edu%7C831c0659f5ad47e67b0b08dd9fd984d2%7C20fa72c11106495daa1f92cbab989606%7C0%7C0%7C638842478836661178%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=KZHEFv1HCH6gRjRmwe7upmQjjgxMEFFo4w2iD8wDL2k%3D&reserved=0) |
| Unsatisfactory Grades | C, D, F, NP, WF, WNP | [Policy 1218 Academic Standing and Satisfactory Academic Progress](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fftp.uws.edu%2Fudocs%2Fpublic%2FPolicies_Public_Access%2FAcademic_Policies_1200s%2FPolicy1218_Academic_Standing_and_Satisfactory_Academic_Standing.pdf&data=05%7C02%7Cjreeder1%40uws.edu%7C831c0659f5ad47e67b0b08dd9fd984d2%7C20fa72c11106495daa1f92cbab989606%7C0%7C0%7C638842478836684472%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=A2GayrcTZWjurUQFFS9X70zN1seb5oiLMdA78Y115I0%3D&reserved=0) |
| Enrollment Status | Half-time Status: 3 creditsFull-time Status: 6 credits | [Policy 1203 Enrollment Status](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fftp.uws.edu%2Fudocs%2FPublic%2FPolicies_Public_Access%2FAcademic_Policies_1200s%2FPolicy1203_Enrollment_Status.pdf&data=05%7C02%7Cjreeder1%40uws.edu%7C831c0659f5ad47e67b0b08dd9fd984d2%7C20fa72c11106495daa1f92cbab989606%7C0%7C0%7C638842478836698152%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=X2K58a3Kutu%2F1LZBA5wiIxuBrHdyqO8cUdKEX3bxeY4%3D&reserved=0) |
| Students at the University of Western States (UWS) must maintain continuous enrollment from their first term of registration until completion of all degree requirements. Students who fail to maintain continuous enrollment are withdrawn from the university. [Policy 1239 Continuous Enrollment, Withdrawal, Dismissal, and Expulsion](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fftp.uws.edu%2Fudocs%2FPublic%2FPolicies_Public_Access%2FAcademic_Policies_1200s%2FPolicy1239_Continuous_Enrollment_Withdrawal_Dismissal_and_Expulsion.pdf&data=05%7C02%7Cjreeder1%40uws.edu%7C831c0659f5ad47e67b0b08dd9fd984d2%7C20fa72c11106495daa1f92cbab989606%7C0%7C0%7C638842478836711794%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=11efSbvtDPqCr5JHEabHK4A88ckQduYOFbiqgUdB%2FxU%3D&reserved=0)describes the processes for requesting an approved temporary withdrawal and for permanent withdrawal from the university.  |

Students are **strongly encouraged** to adhere to the following course sequence. Several courses have **pre-requisites** that cannot be waived. Not all courses are available every term. Students who wish to sit for the Certified Rehabilitation Counselor exam after graduation must complete their COUN8555 and COUN8575 clinical experiences at a rehabilitation focused site.

| **Clinical Mental Health Counseling Courses** |
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| **Course #** | **Course Name** | **Credits** | **Term Offered** | **Term Planned or Completed** |
| COUN8101 | Ethics and Professional Identity **(must be taken in first term)** | 4 | All |  |
| COUN7430 | Counseling Methods and Practices | 4 | FA/SP/SU |  |
| COUN8110 | Personality and Counseling Theories | 4 | WI/SU |  |
| COUN8150 | Multicultural Counseling and Advocacy | 4 | All |  |
| COUN8115 | Human Growth and Development | 4 | FA/SP |  |
| COUN8145 | Psychopathology and Appraisal | 4 | FA/SP |  |
| COUN8120 | Research Methods and Program Evaluation | 4 | FA/WI/SU |  |
| COUN8130 | Group Counseling | 4 | WI/SU |  |
| COUN8400  | Psychopharmacology | 4 | FA/SP |  |
| COUN7715 | Tests and Assessments | 4 | FA/SP |  |
| COUN8010 | Marriage, Couple, and Family Counseling | 4 | WI/SP/SU |  |
| COUN8135 | Career Counseling | 4 | WI/SU |  |
| COUN7801 | Medical and Psychosocial Aspects of Disabilities | 4 | SU |  |
| COUN7425 | Ethical Use of Telehealth Platforms | 2 | WI |  |
| COUN7075 | Assistive Technology Supporting Mental Health Treatment | 2 | WI |  |
| COUN7832 | Case Management and Community Partnerships | 4 | SU |  |
| COUN8540 | Pre-Practicum*Prerequisite: COUN8101; Pre/co-requisite: COUN7430* | 4 | SP/FA |  |
| COUN8140 | Addiction Counseling | 4 | FA/SP |  |
| COUN8555 | Clinical Counseling Practicum *Prerequisites: COUN7430, 8101, & 8540* | 4 | All |  |
| COUN8575 | Clinical Counseling Internship (4 credits/term; 4 terms minimum)*Prerequisite: COUN8555* | 4 (16 credits total) | All |  |
| COUN8845 | Capstone CMHC *(may be taken concurrently with last term of internship) Prerequisites: all core & clinical courses* | 2 | All |  |
| **MS-CMHC Conferred Curriculum Total**  | **90** |  |  |
| **C**l**inical and Mental Health Counseling Courses** |
| SPP8550 | Sport Psychology | 4 |  |  |
| SPP8215 | Applied Sport Psychology *Prerequisites: COUN8101, SPP8550* | 4 | All |  |
| Choose 1: | *Students select SPP8225, MSE8220 or MSE8500 to fulfill curriculum requirements.*SPP8225 Applied Motor LearningMSE8220 BiomechanicsMSE8500 Exercise Physiology | 4 | WI/SUFA/SPWI/SU |  |
| SPP8230 | Psychological Preparation and Mental Skills Training *Prerequisites: COUN8101, SPP8550, SPP8215* | 4 | All |  |
|  | Elective 1 *(See list below*) | 4 | varies |  |
| Choose 1:  | *Students select SPP8650 or SPP8653 to fulfill curriculum requirements.*SPP 8650 Psychology of Performing ArtsSPP 8653 Psychology of High-Risk Occupations | 4 | WI/SUFA/SP |  |
|  | Elective 2 *(See list below*)  | 4 | varies |  |
| SPP8522 | Sport and Performance Psychology Interventions *Prerequisites: SPP8215, 8230, 8550* | 4 | All |  |
|  | Elective 3 *(See list below)*  | 4  | varies |  |
| SPP8115 | Scholarly Writing Methods and Practices *Pre-req: SPP8522* | 2 | WI/SU |  |
| SPP8116 | Applied Statistics for the Social Sciences *Prerequisites SPP8115 or Program Director approval, SPP8522* | 4 | FA/SP |  |
| SPP8131 | Dissertation (4 credits per term, 4 term minimum)*Enrollment in dissertation requires program director approval* | 4 (16 credits total) | Offered every term |
| **MS CMHC Specialization**  | **90** |  |
| **SPP Core** | **30** |
| **SPP Electives** | **12** |
| **EdD SPP Culminating Experience (Dissertation)** | **16** |
| **Degree Total Credits**  | **148** |

| **EdD-SPP, CMHC Specialization, Rehabilitation Counseling Electives** |
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| **Course #** | **Course Name** | **Credits** | **Term Offered** |
| COUN7611 | Human Sexuality Counseling | 4 |  |
| COUN8020 | Eating Disorder Treatment | 4 | FA |
| COUN8085 | Business Basics for Clinicians and Consultants | 4 | SP |
| COUN8106 | Play Therapy | 4 | SU |
| COUN8565 | Trauma-Informed Treatment | 4 | SU |
| COUN8570 | Case Conceptualization and Treatment Planning | 4 | WI |
| LEAD8000 | Foundations of Positive Leadership | 4 | FA/SP |
| LEAD8100 | Applied Leadership in Sport and Performance Coaching*Pre-req: LEAD8000* | 4 | FA/SP |
| LEAD8200 | Applied Leadership in Administrative Settings*Pre-req: LEAD8000* | 4 | WI/SU |
| LEAD8300 | Applied Interventions for Peak Performance Cultures*Pre-reqs: LEAD8000, SPP8511* | 4 | WI/SU |
| MSE8220 | Biomechanics | 4 | FA/SP |
| MSE8500 | Exercise Physiology | 4 | WI/SU |
| MSE8540 | Sports Nutrition | 4 | FA/SP |
| SMD6075 | Evidence-Based Concussion Management and Care | 2 | SP/SU |
| SPP8150 | Psychophysiology and Biofeedback | 4 | WI/SU |
| SPP8155 | Sport in Society  | 4 | FA/SP |
| SPP8210 | Psychology of Performance Excellence | 4 | FA/SP |
| SPP8225 | Applied Motor Learning | 4 | WI/SU |
| SPP8235 | Psychology of Athletic Injury and Rehabilitation | 4 | WI/SU |
| SPP8245 | Athletic Nutrition Planning and Supplements | 4 | WI/SU |
| SPP8250 | Directed Study in Sport and Performance Psychology*Approval needed from program director for enrollment* | 1-4 |  |
| SPP8255 | Field Problems in Sport and Performance Psychology*Pre-req: COUN8120, approval needed from program director for enrollment* | 1-4 |  |
| SPP8511 | Group, Team and Organizational Dynamics | 4 | WI/SU |
| SPP8650 | Psychology of Performing Arts | 4 | WI/SU |
| SPP8653 | Performance Psychology in High-Risk Occupations | 4 | FA/SP |

**Questions about courses, course planning, or registration?** [Contact your student advisor](https://www.uws.edu/community/academic-advising/) or email studentsuccess@uws.edu

**Planner Notes**

The EdD SPP w/CMHC specialization planner has been organized according to our overall program philosophy; namely, that your best education will be gained by building a strong theoretical foundation in your early courses, critically evaluating those theories and their application, and developing a personal framework for service delivery based upon those theories and critiques. The order of courses on this planner has been suggested in accordance with this philosophy. Regardless of the number of courses you take each term, or the overall length of time it takes to complete your program, you are strongly encouraged to progress through the courses in the sequence listed. This will ensure that you are not only prepared for each course, but that you continue to hone your professional framework a bit more with each new course you complete.

Below you will find a few guidelines for the EdD SPP w/CMHC program. As you select your courses each term, be sure to take these into account to avoid any delays in your graduation date:

1. Students are highly discouraged from completing more than 3 courses in a single term.
2. Course pre-requisites exist for several courses in the EdD SPP w/CMHC program. As you design your academic plan, be mindful of any course pre-requisites and schedule accordingly. Waivers for course prerequisites will not be granted.
3. Students may not complete more than 4 credits of SPP 8131 Dissertation during a single term. All core and elective courses must be completed prior to beginning the initial term of SPP 8131 Dissertation.
4. Electives should be taken in the latter half of the CMHC sequence/degree and aligned with the clinical field experience specific to clinical rehabilitation counseling.