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UNIVERSITY OF WESTERN STATES

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Winter/Spring 2022

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UNIVERSITY of Western States



President's Message



Joseph Brimhall, DC UWS President and CEO

As we plan for the future of University of Western States (UWS), we are particularly mindful of our institution's participation in both higher education and health care - two sectors that are undergoing significant disruptive

change. The advent of new technologies, the evolving expectations of students and patients, respectively, and the escalating costs of doing business, have generated substantial impacts. The effects from the COVID-19 pandemic have accelerated these changes.

Further changes are forecast for the coming years. In order to remain viable in this shifting landscape, health-focused institutions like University of Western States (UWS) must consider alternatives to improve efficiencies, effectiveness, and prospects for long-term sustainability.

As we navigate this intersection of change, we evaluate potential scenarios and carefully evaluate each option. We encounter new paths from which no one has returned to guide us. Moving into an unknown future

requires innovation and creativity, and courage coupled with a willingness to engage.

Through a deliberative process involving all university departments, we have determined that "radical collaboration" is the key to creating a thriving and sustainable future. This includes developing new partnerships and affiliations, both internally and externally, to strengthen the university's operations and to advance novel cooperative initiatives. In this way, we build a strong and predictable future for our students, our patients, and our entire university community.

I invite you to join us as we spring forward to the next chapter of the University of Western States!

Joseph Brukal

Sincerely,

Joseph Brimhall, DC President and CEO



UWS Happenings



UWS Launches Doctor of Naturopathic Medicine Program

The new graduate program of professional study features a whole-person, individualized approach to health and well-being, integrating principles of naturopathic medicine and functional medicine.

University of Western States (UWS) is expanding our robust academic offerings with a new <u>Doctor of Naturopathic</u> Medicine (NMD) degree program.

The UWS NMD program champions a wholeperson and individualized approach to health and well-being. The integration of functional medicine principles distinguishes this curriculum from other naturopathic medicine programs.

"Our new naturopathic medicine program is extremely exciting for the university, the Portland-area, and our healthcare community," said Dr. Marcia Prenguber, naturopathic

physician, fellow of the American Board of Naturopathic Oncology, and dean of the College of Naturopathic Medicine at UWS. "Offering a whole-person approach to medicine, our NMD program is designed to train future physicians in evidence-informed natural health care while addressing the body, mind and spirit, integrating the principles of functional medicine."

Naturopathic medicine and functional medicine are evidence-informed, patientcentered approaches to achieving and maintaining health by optimizing function and addressing root causes of dysfunction, not just suppressing symptoms. Functional medicine's focus on biochemical and genetic individuality, and the diet, lifestyle, and nutrition of each patient, integrates well with the full range of assessments and treatment modalities of naturopathic medicine.



"Doctors of naturopathic medicine are trained as primary care physicians and have established the primary care designation in a number of jurisdictions,"

said Prenguber. "The need for whole-person primary care services will continue to rise. University of Western States is uniquely positioned for integration and collaboration with our new and established programs."



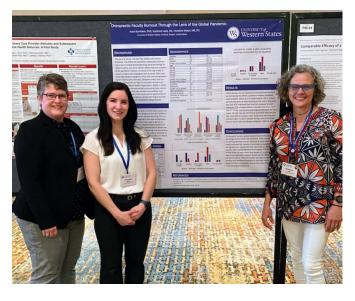
The UWS NMD program is a 14-quarter doctoral curriculum, taught year-round. Students can complete the program in three and a half calendar years. UWS will deliver the NMD program at our vibrant, state-ofthe-art campus in Northeast Portland. The curriculum includes anatomy, physiology, pathology, clinical nutrition, botanical medicine, physical medicine, and pharmacology to provide graduates with a broad array of modalities and procedures for the clinical care of patients. The course of study is offered in hybrid format that embodies a community of learning through synchronous online delivery and in-person teaching, with clinical competencies reinforced through in-person laboratory experiences.

Visit the UWS naturopathic medicine website to learn more.



In May, Doctors Burnham, Major and Lady of the UWS chiropractic program attended the 2022 International Congress on Integrative Medicine and Health Conference in Phoenix, Arizona. At the conference, they presented their research poster, "Chiropractic Faculty Burnout Through the Lens of the Global Pandemic."

"Attending this conference for the first time allowed us to connect with other academic faculty and clinicians from a variety of institutions and disciplines," said Dr. Kara



Burnham, UWS basic sciences professor. "Our poster generated many valuable conversations and connections about scholarship that we hope to continue in the future."

The International Congress is convened by the Academic Consortium for Integrative Medicine and Health.



Community Outreach: Lane Middle School Visits UWS

In May, students and staff from Lane Middle School visited UWS meeting staff, faculty and students.

Continued on next page



UWS Happenings continued



"Lane Middle School is just over five miles away, so the visit was a chance for UWS to engage with the local community and showcase ourselves as partners and neighbors," said Bola Majekobaje, UWS diversity, equity and inclusion (DEI) director. "Programs like these are a great opportunity to share about health careers that many young people don't know about. Hopefully, some of these students will even pursue a degree at UWS in the future!"

The middle school students are a part of a local TRIO funded program, providing college and career exploration for low-income students. During their visit they learned about new career opportunities, including chiropractor and mental performance consultant. They enjoyed the SynDaver lab, meeting UWS students, seeing the classrooms and the bubble chairs in the library! •

New Dean of the UWS College of Chiropractic, Dr. Marty Kaeser

Upon Dr. Kathleen Galligan's retirement, dean of the UWS chiropractic program from 2018-22, an extensive search and interview process was held to fulfill the role. In spring 2022, Dr. Martha (Marty) Kaeser was named the new dean.



Martha Kaeser MEd, DC Dean, **College of Chiropractic**

"Dr. Kaeser has a strong background in health care education and is known and appreciated by our community," said Dr. Dana Sims, UWS provost. "With her understanding of the university mission and vision as well as her collaborative style, we look forward to continued excellence in chiropractic education under her leadership."

Dr. Kaeser previously served as UWS associate dean since 2018. Dr. Kaeser is a collaborator, a listener and a contributor with a strong record of research, publication and presentation. She holds a chiropractic degree, a master's degree in adult education and bachelor's degrees in life science, special education and anthropology.



"I am greatly honored to be entrusted with the Dean position in the College of Chiropractic," said Dr. Kaeser. "I am in awe of how hard the faculty and staff work to ensure that there is a deliberate focus on students and the core values. Additionally, I am excited to continue the good work of being student focused, innovative and creative. I could not ask for a better job or work with a better group of people."

Prior to her work at UWS, Dr. Kaeser served Logan University in a variety of roles including assistant dean, director of academic assessment and clinical assessment skills center director. •

knowledge of hands-on sports medicine will prepare the students for long-term success as providers. I am excited to see the future of the program come to life under his leadership!" •

New Hires and Title Changes

Join us in welcoming new and fabulous additions to the UWS community!



Jeremy Anderson-Sloan Development Officer



Brent Marshall EdD, LAT, ATC, CES, PES **Program Director** Sports Medicine



Nikki Hinshaw Director, Student Engagement and Events



Ciara Negron, MS Director of Financial Aid



"Dr. Marshall brings a deep commitment to the quality of the student learning experience - both in the classroom and in the clinical site - to his new role as program director," said College of Graduate Studies Dean, Dr. Alisa Bates. "As UWS works to redesign the sports medicine program for the future, Dr. Marshall's expertise in higher education coupled with his



Erin Davis, PhD Registrar



Marcia Prenguber, ND, FABNO Dean, College of Naturopathic Medicine



UWS Diversity, Equity and Inclusion Update

n alignment with the UWS diversity, equity and inclusion (DEI) plan, the DEI committee under the leadership of DEI Director Bola Majekobaje, has made many strides within the last few months.



"The DEI action plan was created with input and feedback from university stakeholders and its implementation will have opportunities for many members of our community

to get involved," said Majekobaje, "At its core, this work is about strengthening the ability of UWS to educate current and future health care professionals and provide high quality health care. We're proud of the progress we have made thus far and remain committed to DEI at UWS."

Below are just a few of the recent DEI accomplishments including extended information about exciting community partnerships.

- DEI syllabus statement endorsed by the faculty senate
- Shared language guide across UWS internal and external communications created
- Two-part bias training provided for UWS employees
- \$7,000 raised from first vendor fair on new UWS campus to support DEI initiatives



In March, UWS was pleased to partner with the Asian Pacific American Network of Oregon (APANO) by presenting an online webinar workshop entitled, "Resilience and Health: Introduction to Chiropractic Care." The workshop conducted by Dr. Peter Vuky, an attending physician and clinical educator UWS, introduced chiropractic care to attendees, showcased common chiropractic treatments, and shared educational and health care opportunities available at UWS.

"Partnering with APANO at its event was a fun and educational opportunity," said Dr. Vuky. "It gave me and our interns the chance to explain the importance of chiropractic care as an element of preventative care. We also emphasized UWS' commitment to the community and our willingness to help our neighbors in any way that we can."





The event was part of an educational series sponsored by APANO focused on building resilience in communities of color. UWS looks forward to continued partnership with APANO and other

community organizations. Special shout out to Dr. Vuky and interns Timmy Dinh, Ting Jessica Wu, Michelle Kwok, Kenneth Lee, Amanda Baonhu Ma and Trinh Phan for their time and effort in making the presentation a success!

Learn more about our Diversity, Equity and Inclusion Initiatives here. •

"Partnering with APANO ...gave me and our interns the chance to explain the importance of chiropractic care as an element of preventative care. We also emphasized UWS' commitment to the community and our willingness to help our neighbors in any way that we can."

- Dr. Peter Vuky





Publications

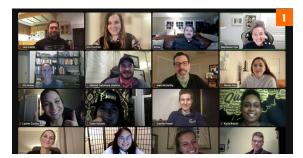
University of Western States Publications					
AUTHOR	ARTICLE TITLE	DATE	LINK		
Peter Bablis, Henry Pollard, Anthony Rosner	Stress-reduction via neuroemotional technique to achieve the simultaneous resolution of chronic low back pain with multiple inflammatory and biobehavioral indicators: A randomized, double-blinded, placebo-controlled trial. Journal of Integrative Medicine 2022; 20(2): 135-144.	2022			
Peter Bablis, Henry Pollard, Anthony Rosner	Resilience and endurance of neuroemotional technique effects on chronic low back pain in a randomized controlled trial Journal of Integrative and Complementary Medicine; submitted for publication, January 31, 2022	2022			
Kara Burnham, Suzanne Lady, C	Gaps in awareness of LGBTQ+ healthcare disparities among complementary integrative physicians. March 9, 2022.	2022			
Kara Burnham	First person video experience as a vicarious, virtual alternative to in person basic science labs. Journal of Chiropractic Education, 2022. Accepted March 29, 2022.	2022			
Kara Burham, LAK Takaki	Making a case for genomics. Journal Chiropractic Education. 2022; 36(1): 37-42.	2022	Read Article		
Martha Kaeser, Taliaferro S, Harger B.	Comparison of student satisfaction perceived learning and outcome performance. Blinded instruction versus classroom instruction. Journal of Chiropractic Education. 2022; 36(1) 22-29.	2022			
Abolade Majekobaje, Cecelia Martin, Cortny Williams.	Implementing an institutional, equity, and inclusion change process using Kotter's 8-step change model. An observational study. Oral presentation. Preparing for the Future: Diversity in Chiropractic Education. Chiropractic Educators Research Forum (CERF), December 4, 2021.	2021			
Christine Major, Kara Burnham, Katharyn Brown, Chad Lambert, Jenny Nordeen, Leslie Takaki.	Evaluation of an online-case-based learning module that integrates basic and clinical sciences. Journal of Chiropractic Education October 2021; 35(2): 192-198.	2021	Read Article		
Mathew Moore	If I've Got God on My Side, I can do it" a phenomenological investigation of the lived experience of spirituality for the LDS NCAA1D1 Students Athletes. Presentation at Association for Applied Sport Psychology Conference, October 6, 2021.	2021			
Mathew Moore	From Mission to Competition: The Experiences of 10 LDS Missionary Student-Athletes Returning to Competition in the National Collegiate Athletic Association, Division I. Journal of the Christian Society for Kinesiology, Leisure and Sport Studies, submitted for publication, March, 2022.	2022			



University of Western States Publications					
AUTHOR	ARTICLE TITLE	DATE	LINK		
Audrey Thacker, Ravneet Gill, Corny Williams.	Does Experience Improve Study Skills? Student mentored poster presentation, June 4-7, 2022. 26th Annual IAMSE International Association of Medical Science Educators.	2022			
Cortny Williams, Jenny Nordeen, Christopher Browne, Brent Marshall.	Exploring student perceptions of their learning adaptions during the COVID-19 pandemic Journal of Chiropractic Education March 2022; 36(1): 82-93	2022	Read Article		
Cortny Williams, Ceceilia Martin.	Comparing student perceptions of peer assessment in online and on-campus learning environments: Team Based Learning Collaborative 2022. Oral presentation. Virtual Conference. April 12, 2022	2022			
Cortny Williams, Cecelia Martin.	Comparing student perceptions of peer assessment in online and on-campus learning environments. Going Beyond Grades: Online Learning Assessments: Chiropractic Educators Research Forum (CERF), June 26, 2021. Journal of Chiropractic Education 2022; 36(1): 103-105.	2022	Read Article		
Cortny Williams, Will Ofstad	Peer Evaluation and Team Management: TBLC Fundamentals Certification Workshop. June 15, 2021	2021			
Cortny Williams, Steve Cayzer.	Evaluating Multiple Choice Questions for Readiness: Assurance Tests and Application Activities: TBLC Fundaments Certification Workshop. April 22, 2021	2021			
Cortny Williams and Leanne Coyne.	Peer Evaluation and Team Management: TZBL Fundamentals Certification Workshop. January 26, 2021	2021			
Cortny Williams, Will Ofstad	Creating an Effective TBL Module TBLC: Fundaments Certification Workshop, January 14, 2021.	2021			
Cortny Williams and William Ofstad	Facilitating transformative learning through TBL Workshop y William Ofstad (West Coast University) and Cortny Williams (UWS) Team Based Learning Collaborative Virtual Conference April 12, 2022.	2022			
Cortny Williams. Sharon England	Fundamental Principles and Practices of TBL. TBLC Fundaments Certification Workshop, October 5, 2021.	2022			
Zhang L, Pan Z, Zheng X, Wang Q, Tang P, Zhou F, Liu F, Yu H, Leung FKL, Wu A, Hughson S, Zhen Z, Blauth M, Rosner A, Sparks, C, Wang M. Anthony Rosner	A prospective, randomized, multicenter noninferiority clinical trial evaluating the use of TNF-Advanced Proximal Femoral Nailing System (TFNA) for the treatment of proximal femur fractures in a Chinese population. Injury, submitted for publication, January 31, 2022.	2022			



#UWSLife



















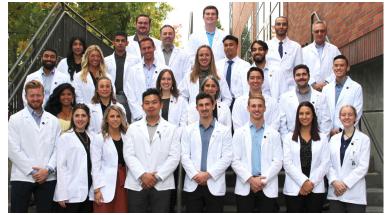


1. The UWS Clinical Mental Health Counseling/Sport and Performance Psychology Student Advisory and Engagement Board (SAEB) has been active gathering students from across the country to connect further about their experiences in the programs and to hangout outside the classroom. 2. Ron Rogers, DC, and Joyce McClure, DACRB, CES, UWS board members at the Open House in April. 3. Kieren Shively, Julie Shivley, Simone DuBois, and Charles DuBois representing longstanding UWS business partner, Standard Process Inc., at the Open House in April. 4. UWS business partner, Chiro One Wellness Centers, hosted a UWS meetup at Level Beer in Portland in December. 5. Rosalia Messina, EdD, MPA, UWS executive vice president/chief strategy and innovation officer, Earl Blumenauer, U.S. congressman representing the 3rd district of Oregon, and Joseph Brimhall, DC, UWS president and CEO at the UWS Open House in April. 6. Dr. Joseph Brimhall, UWS president and CEO and Dr. Dan Murphy, UWS 2021 Alumnus of the Year at the Open House in April. 7. The UWS clinic, Connected Whole Health, hosted a health fair during the UWS Open House in April to provide more information about the clinic to community members and supporters. 8. Gatti Law, Oregon Chiropractic Association and US Bank sponsored the first vendor fair at the new UWS campus. The fair consisted of 19 vendors with 150 people in attendance. The day included networking opportunities, great information, giveaways and door prizes. The vendor fair was also a fundraising success, raising \$7,250 for the UWS diversity and inclusion fund. 9. Alumni and students gathered in Portland at the UWS Alumni Meetup in May. 10. Alumni and students gathered in San Diego at the UWS Alumni Meetup in November.



#UWSGrad

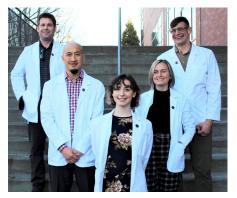


















Giving at UWS

Introducing Jeremy Anderson-Sloan, Development Officer



Join UWS in welcoming Ieremy Anderson-Sloan to the office of advancement team! Anderson-Sloan joined UWS as the development officer in March 2022. In this role he oversees fundraising activities, business partner relationships and donor

engagement. Prior to joining UWS, he was the chief of staff and strategic engagement at the National University of Natural Medicine and the community engagement liaison with National Crime Victim Law Institute (NCVLI) at Lewis & Clark College.

"I am thrilled to join the team at UWS and look forward to connecting with our community, business partners, alums and supporters," said Anderson-Sloan.

Business Partner Program Announcement

We are excited to announce our new UWS Business Partner Program! UWS recognizes the rich history of partnerships we have forged over the years have added so much value to our students, alumni and friends through generous philanthropic support and the exchange of

ideas. We are certain our partners will be key in continuing positive change in the areas of chiropractic, nutrition and functional medicine, lifestyle and dietary counseling, clinical mental health counseling, sports medicine, and sport and performance psychology.

The Business Partner Program is rooted in UWS's six core values:

CORE VALUES				
Student-Focus	Whole-person health			
Inclusiveness	Professionalism			
Best practices	Curiosity and Innovation			

The Business Partner Program offers a wide variety of giving levels and benefits. Become a partner today and increase visibility of your brand, generate sales, and make clients for life while contributing to the success of UWS and our students. Interested in becoming a business partner? Learn more at uws.edu/business-partner-program or contact Jeremy Anderson-Sloan at giving@uws.edu. •





L-R: Dr. Rosalia Messina, executive vice president/chief strategy and innovation officer; Jeremy Anderson-Sloan, development officer; Matthew Sadang, UWS DC student and scholarship recipient; Saeed Habib, UWS DC student and scholarship recipient; Alexandria Raquel Herrera, UWS DC student and scholarship recipient; Bola Majekobaje, director of diversity, equity and inclusion; Dr. Joseph Brimall, president, CEO.

CHP Group Scholarship Recipients

Congratulations to this year's CHP Diversity in Health Care Scholars, Matthew Sadang, Alexandria Raquel Herrera, and Saeed Habib!

This scholarship was offered through a generous donation from The CHP Group. This year's winners each were awarded \$10,000. University of Western States recognizes diversity as a strength and that a racially and ethnically diverse student body benefits and enriches the educational experiences of all students, faculty and staff. UWS also acknowledges the need to increase diversity within the chiropractic profession to better serve communities of color. The university and CHP Group offer the Diversity in Health Care scholarship to support ongoing advancement towards achieving racial equity among doctors of chiropractic medicine.



"As a first-generation college and graduate student, any external assistance serves as a beautiful reminder that I am

supported throughout this journey. I am beyond grateful to be a recipient of this scholarship funding, as it allows me to redirect my focus and energy toward fully engaging in course material. I know this will help me achieve my goal of becoming a strong chiropractor."

- Alexandria Herrera, Chiropractic Student

Join us this summer by giving back! UWS is asking our community to donate money to support two initiatives:

1. Give to Online Resources

We are raising \$12,000 to support two online digital resources to enable our community to better connect:

- An interactive geographic map for alumni and patient referrals and connections.
- An online tool that will enable you to connect through professional development, networking events, trainings, mentorship and career opportunities.

2. Join DC Alumni with a monthly gift of \$100

Join your fellow DC grads by giving to our Student First Annual Fund. Your gift of \$100 each month will also give you access to join the President's Society with the knowledge that you are making a true difference for today's students!

You can learn more about our current initiatives and how you can join our community in giving by going to uws.edu/donate/.

Questions about ways to give? Contact Jeremy Anderson-Sloan at giving@uws.edu.



Student Experience

ASB Restructures for a New Era

With the move to the new University of Western States campus and the temporary transition to online education during the COVID-19 pandemic, the UWS Associated Student Body (ASB) underwent a restructuring when on-campus gatherings could resume. With the restructure came a commitment to incorporate more student voices from the college of graduate studies.

ASB is governed by an executive committee, which consists of officer positions including president, vice president, secretary, treasurer, diversity, equity and inclusion (DEI) officer, and one college officer from each academic college. With the future launch of the UWS doctor of naturopathic medicine (NMD) program, a representative from the college will be incorporated to represent the NMD students.

The recently elected officers are listed below:



PRESIDENT Alex Pham (College of Chiropractic)



VICE PRESIDENT Lovie Tabron (College of Graduate Studies)



SECRETARY Larissa Omura (College of Chiropractic)



TREASURER **Melanie Muller** (College of Chiropractic)



COLLEGE OFFICER **Erin Cochran** (College of Graduate Studies)



COLLEGE OFFICER **Lauren Crowe** (College of Chiropractic)



DEI OFFICER Dylan Shalagan (College of Chiropractic)



"ASB prepares students to be leaders in their profession after they leave the university, and we are delighted to have such passionate and committed group of students to launch our new governance structure! ABS is a fabulous opportunity for our students to connect with their future colleagues from across the university and begin serving now as a leader and advocate for their fellow students," said Elena Howells, associate vice president of student and university affairs.

The mission of the ASB of UWS is to support the UWS mission and core values, along with the educational, professional, social and cultural development of its members through representation of and advocacy for ASB member interests; cultivation of acceptance, inclusion and a sense of belonging among ASB members; and organization of programming and activities to support student well-being and professional development. •



Graduate Connections

UWS Community Based Internship Partner Spotlight

SALAZ FAMILY OF MT. HOOD CHIROPRACTIC

The University of Western States (UWS) Community Based Internship (CBI) program was created in 2018 for chiropractic students to gain more exposure to different kinds of business practices and patients as part of their educational experience.

We sat down with Alumni Dr. Stephen Salaz and Dr. Jacob Salaz to hear about their experiences with the internship program and their career journey together as father and son practitioners.

Tell us about yourself and your professional journey.

Dr. Stephen Salaz: "I've been in practice for more than 25 years. My son Jake went to UWS and graduated six years ago. Together, we needed a bigger space – so we tripled our square footage at Mt. Hood Chiropractic Clinic in Troutdale, OR. I operated for 20 years as a sole doctor and have always loved what I do - it's been great for my family and my community.

Now, we are expanding even more and adding additional square footage with a larger fitness training and rehab area. With



these new additions, fitness and rehab will become a bigger part of the overall practice.

Jake always had interest in becoming a physician. He and his sister used to visit my office often when they were young. I would pick them up at the end of the school day and bring them to the office, so they got to be around a medical setting a lot. Jake did his own research on chiropractic, he interviewed and shadowed medical doctors and he asked very pointed questions. During his swimming career before becoming a chiropractic physician, the care he received at the office helped his overall athletic performance. He used to consider his treatment from me his 'secret weapon.'

When Jake asked if there would be a place for him in my practice after he graduated from chiropractic college I said, of course.

Continued on next page





I'm so proud of him not only as my son, but also as a colleague. Jake is very good at what he does, and he places a great value on quality patient care, which is our main objective and the driving force of our practice. He has a great vision for what a chiropractic office is all about and what a patient should experience when they visit."

What inspired you to serve in the **Community-Based Internship program?**

"We were approached a few years ago by Dr. Susan Strom when the program was in its fledgling state, because I had hosted senior interns in my practice before. We were very interested, and we both felt

strongly that we could serve as positive influences for these students. When students spend time with field doctors, they get a sense of what the realities are.

Our partnership has been a mutually beneficial relationship for both us and the students and we are happy to be a part of it.

After his swim career, Jake went into coaching. In his first or second year he was voted as coach of the year by all the other coaches. It really brought out the best in him and his leadership skills have directly helped him with the UWS CBI program.



Jake was born to coach and lead. He has such a positive influence on the students who come through to see how we work and how we treat our staff and our team."

What kind of tasks do interns take part in at Mt. Hood Chiropractic Clinic? How many interns do you usually have each quarter?

Chiropractic care is our main service, so we expect our CBI interns to be great adjusters that's who we are as chiropractic physicians and those are the standards we set for them right away. We also have a great team of massage therapists and a 500 square-foot dedicated rehab exercise training space, so our care is truly integrated. We start letting interns see patients on their own once we feel they are ready – usually starting in the rehab area.

In addition to working on adjustments, our interns also spend time with the front desk staff to learn the coding and billing processes. They are expected to help keep the space clean and participate in everything that it takes to run an office. In essence, they are a part of everything we do which helps their real-world experiences for after graduation.

As far as intern numbers go, they vary from quarter to quarter, but we usually try to have at least two per shift (four interns per quarter). We have had as many as eight interns at one time.

Tell us what it is like working with students and teaching in your clinic.

I really enjoy when an intern can make

a positive impact on one of my patients. If we have done our job well and trained them correctly, they enter patient care with confidence in their abilities. With all the knowledge they have gained from their UWS education and from the CBI experience we can provide, they should feel fully competent and confident in their skills. The real mark of success is when a patient asks if they can continue seeing the intern instead of me! That is a wonderful thing and it's exactly what I want to happen.

During the exit interview of one of our interns said, 'I felt like I won the lottery.' They also said they felt like they gained so much confidence in patient care and felt ready to see patients on their own.

The UWS Community Based Internship program is partly funded by donor dollars. Special thanks to Ed Viets Family Trust for their contributions to this program.



Living Our Core Values Through Academic Best Practices

The academic programs at University of Western States are specifically designed to help students gain a meaningful connection to the subject matter to guide their development into future integrated health care practitioners. UWS faculty and administration continuously review the curriculum, learning outcomes and student feedback to align with best practices in both higher education and health care industries.

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"At UWS, our core values drive us toward continuous improvement," said Dr. Dana Sims, UWS provost. "As the world around us changes, we seek to better serve our communities and live out our mission. This requires us to measure and analyze ourselves, our work, and our student achievement of outcomes. Measurement and analysis spurs action, change. At UWS, we embrace change that leads to improved experiences and results for our students."







Review exciting changes that are upcoming and in progress in each UWS academic offering:

Doctor of Chiropractic program

- A new basic sciences curriculum will begin with the incoming fall 2022 students.
- Upon retirement of Dr. Kathleen Galligan, Dr. Marty Kaeser was named the new dean of the UWS college of chiropractic.

Bachelor of Science in Human Biology completion program

 Revisions are forthcoming to mirror the new basic sciences curriculum.

Doctor of Naturopathic Medicine program

- Curriculum for this new UWS academic program is in development.
- Dr. Marcia Prenguber has been named the dean of the college of naturopathic medicine.

Master of Science in Clinical Mental Health Counseling

• Faculty are currently gathering data to prepare for application for programmatic accreditation with Masters in Psychology and Counseling Accreditation Council (MPCAC).





Connect with Admissions

Are you interested in learning more about the academic programs at UWS? Are you interested in referring someone to UWS? The admissions team has many ways for you to connect with them virtually! Our team is ready to help assist you #TakeTheLead in your next education and professional goals.



Check out the Connect With Admissions Virtually webpage and see what fits with your schedule. If you have any questions, please email admissions@uws.edu or call 800-641-5641.

Master of Science in Human Nutrition and Functional Medicine

• A recently completed curriculum review has resulted in updates to the curriculum. These changes focus on a stronger emphasis on clinical applications/practice so that students are prepared to use their new knowledge.

Master of Science in Sports Medicine

• A curriculum redesign has been completed and moving to implementation over the next few years – locally first, then nationally. There has been a renewed attention to current trends in the sports medicine industry through new courses and a more robust set of opportunities for electivity, selection of practicum sites that meet the student's professional goals for practice. Brent Marshall, EdD, LAT, ATC, CES, PES has been officially selected as the Director of the Sports Medicine department.

Master of Science and Doctorate in Sport and Performance Psychology

• All sport and performance psychology programs underwent a program/ curriculum review process to better align students' preparation for all potential job markets. Highlights include: addition of concentrations to the MS degree with the option for beginning mentorship experience toward the Certified Mental Performance Consultant (CMPC®) from the Association for Applied Sport Psychology (AASP); dissertation requirements for all EdD programs with option of completing mentorship as a concentration.

Doctor of Clinical Nutrition

• Admissions and faculty are currently actively recruiting students for a second cohort beginning fall 2022. •



In Memoriam

Dr. Stephen Walker UWS adjunct professor (1949-2021)



"Dr. Walker was an amazing professor and mentor. He was

always available, and always made the time spent with him extremely impactful and influential. I find myself quoting him in so many things I do, and passing on his teachings to my students. It deeply saddens me to know he is gone, but I am also extremely grateful I had the privilege of knowing him. His teachings and mentorship will live on in many.

My condolences to his family. Rest in peace Dr Walker."

- Andrew Alto, EdD, CSCS (SPP Class of 2019)

Dr. Steve Edward Oliver UWS professor emeritus and alumnus (1949-2022)



It is with sadness that we inform you of the passing of Dr. Steve

Oliver, UWS professor emeritus and alumnus (Class of 1975). Please keep Dr. Oliver's family in your thoughts during this difficult time.

"Dr. Oliver is a legend. He always made time for his students and was extremely gifted at lifting us up and encouraging us when we needed it most. I recall how calm and composed he always was when I would call him into a treatment room after having trouble adjusting a patient. He would slowly and methodically set the patient up properly and make this very difficult skill look so easy every time. I emulated him in my own practice my entire career. His heart was huge and kind and accepting of everyone."

- Dr. Suzanne Lady, UWS chiropractic sciences associate professor.



Dorothy Zeviar UWS alumna (1949-2019)



Dr. Jeffrey R. Seale **UWS** alumnus (1973-2022) **Obituary**



Continuing Education



Join University of Western States in beautiful Hawaii for their Summer in **December Continuing** Education program, December 9-11, 2022! Have fun in the sun and earn 20 hours of continuing education at the

Wailea Beach Resort in Maui, sponsored by NCMIC. Early bird prices end October 15.

Dr. Bill Moreau and Dr. Bev Harger return live and in person for a grand rounds learning format that provides attendees interactive sessions about correlated chiropractic case studies (cervical, shoulder and knee regions). Lori Holt, RN, from NCMIC will present on the topic of risk management in practice.

This year's program is in a hybrid format with five hours of asynchronous online learning you can do before you travel, on your own schedule, allowing you more time to enjoy all that beautiful Hawaii has to offer outside the classroom. Online learning includes prepresentations from Dr. Moreau and Dr. Harger, as well as gross anatomy from Dr. Bill Borman and ethics in social media from Lori Holt, RN.

Learn more and register here: www.uws.edu/continuing-education/hawaii/



"Dr. Harger and Dr. Moreau have so much valuable information that they share in an interesting and engaging way. I'm sure I'll be using this knowledge in my practice."

- Dr. Elaine Louie

Thank you to our wonderful event sponsors!







Alumni Department News



Career and Professional Development Resources Revamp

The UWS alumni relations team continues to work diligently to expand career and professional development resources to support UWS alumni.

Most recently, the UWS career and professional development webpage underwent a redesign. In this upgrade a job board section was added to the webpage, including links to jobs relevant to alumni area of study. The alumni relations team worked closely with faculty members in gathering these links, and are working towards adding more in the future. Additionally, you will find our past and future webinars, as well as various resources to assist you in creating a resume, CV and prepare you for your next interview. •



Alumni Snapshot

Keep in touch with your fellow graduates and alma-mater by submitting a UWS alumni snapshot.

Whether you're a recent graduate or a longtime graduate, we want to hear from you!

- Send us an update: we want to hear about a new job, promotion, accomplishments, wedding, birth, etc.
- Still get together with your fellow UWS alumni? Tell us about it.
- Share your favorite UWS memories!

In addition to your updates, we want to see your photos. Send us a photo of yourself, your family, pictures of you and your fellow graduates from the past or present, etc.

We look forward to hearing from you! •



Cornerstone Society

A Student Referrer Community

Student referrals are one of the most important ways our alumni and friends can give back. Because of that we consider our student referrers to be the cornerstone of our university. Our newly launched Cornerstone Society is a community network that is a critical part of how talented professionals find their way to UWS programs.

We are truly grateful for your student recommendations and to show our appreciation, all members of the Cornerstone Society are showcased in our campus foyer as well as at UWS events including our commencement ceremony.



Do you know someone who is interested in learning more about a UWS program?

Simply submit their information here. To learn more about the Cornerstone Society, its' benefits and how to refer students, contact alumni@uws.edu for more information.



Doctor of Chiropractic Employers Insights Panel

UWS recently brought four distinguished chiropractic business owners together for the DC Employers Insights Panel webinar. These physicians represent a wealth of experience as employers – specifically of chiropractic associates.

Throughout the <u>webinar</u> our panelists will share their expertise regarding chiropractic associate positions both from a business owners' perspective and as a physician possibly looking to expand or retire. The student perspective will also be highlighted, as our experts share advice to those who may be considering their first employment options after graduation.

Topics discussed include:

- Why hire a chiropractic associate?
- What characteristics and experiences are beneficial when looking for an associate?
- The successful and challenging experiences of hiring associates.

- Advice when hiring an associate for the first time.
- Advice to recent alumni on how to become an associate.

Online Doctor of Chiropractic Panelists:

- Leo Romero, DC Owner and clinic director of Chiropractic Physicians
- Maya Gonzales, DC UWS Class of 2006, Owner of Evergreen Spine & Sports Medicine
- Michelle Marconi, DC UWS Class of 2016, Owner of Marconi Chiropractic and Wellness
- Guillermo Bermudez, DC UWS Class of 2003, Owner of Active Living Chiropractic •

Alumni of the Year Nominations

University of Western States is pleased to open nominations for the annual UWS Alumni Recognition Award. Our goal is to highlight

Nominations

Nominations will close August 31, 2022.

Alumni from all UWS academic programs are eligible for nomination. All nominees are recognized by the university. Submit your nominations here.

the exceptional work of our graduates that Take the Lead in their field as they advance the science and art of integrated health care. Nominations will be considered based on professional, scholarly and community contributions that represent the core values of UWS. Alumni of

the year nominations close August 31, 2022.

UWS Core Values:

1. Student-Focus

2. Best Practices

3. Curiosity

4. Inclusiveness

5. Professionalism

6. Whole-Person Health

Read more about these individual core values and their definitions.



Chiropractic physicians on staff at *Connected Whole Health Clinic* at University of Western States.

L-R: Dr. Lorraine Ginter, Dr. Anne Venderley, Dr. Peter Vuky, Dr. Kathryn Ross, Dr. Ryan Ondick, Dr. Jasmine Brewster Piper, Dr. Lindsay Pelley, Dr. Bill Moreau, Dr. Jaci Bergstrom

www.uwsconnectedhealth.com









