Students are **strongly encouraged** to adhere to the following course sequence. Not all courses are available every term.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **ASP Certificate Course Sequence** | | | | |
| **Course #** | **Course Name** | **Credits** | **Term**  **Offered** | **Term Planned**  **or Completed** |
| COUN6101 | Ethics and Professional Identity (must be taken in **first** term) | 4 | All |  |
| SPP6550 | Sport Psychology | 4 | All |  |
| SPP6215 | Applied Sport Psychology or approved elective  **Prerequisites:** COUN6101, SPP6550 | 4 | All |  |
| SPP6230 | Psychological Prep & Mental Skills Training  **Prerequisites:** COUN6101, SPP6550, SPP6215 | 4 | All |  |
|  | Elective (see list below) | 4 | varies |  |
|  | Elective (see list below) | 4 | varies |  |
|  | Elective (see list below) | 4 | varies |  |
| **SPP Core Total** | | **16** |  | |
| **Elective Total** | | **12** |  | |
| **ASP Certificate Total** | | **28** |  | |

|  |  |  |  |
| --- | --- | --- | --- |
| **ASP Elective Courses – 12 credits required** | | | |
| **Course #** | **Course Name** | **Credits** | **Term Offered** |
| COUN 6020 | Eating Disorder Treatment | 4 | FA |
| COUN 6085 | Business Basics for Consultants | 4 | SP |
| COUN 6235 | Psychopharmacology | 4 | FA/SP |
| COUN6220 | Counseling Methods and Practices | 4 | FA/SP/SU |
| COUN6110 | Personality and Counseling Theories | 4 | WI/SU |
| COUN6115 | Human Growth and Development | 4 | FA/SP |
| COUN6120 | Research Methods and Program Evaluation | 4 | FA/WI/SU |
| COUN6130 | Group Counseling | 4 | WI/SU |
| COUN6135 | Career Counseling | 4 | WI/SU |
| COUN6140 | Addiction Counseling | 4 | FA/SP |
| COUN6145 | Psychopathology and Appraisal | 4 | FA/SP |
| COUN6150 | Multicultural Counseling and Advocacy | 4 | All |
| COUN6235 | Psychopharmacology | 4 | FA/SP |
| COUN 6425 | Ethical Use of Telehealth Platforms | 2 | WI |
| COUN 6705 | Assistive Technology Supporting Mental Health Treatment | 2 | WI |
| LEAD 6000 | Foundations of Positive Leadership | 4 | FA/SP |
| MSE 6500 | Exercise Physiology | 4 | WI/SU |
| MSE 6220 | Biomechanics | 4 | FA/SP |
| SMD 6075 | Evidence-Based Concussion Management and Care | 2 | SP/SU |
| SPP 6155 | Sport in Society | 4 | FA/SP |
| SPP 6235 | Psychology of Athletic Injury and Rehabilitation | 4 | WI/SU |
| SPP 6225 | Applied Motor Learning | 4 | WI/SU |
| SPP 6210 | Psychology of Performance Excellence | 4 | FA/SP |
| SPP 6245 | Athletic Nutrition Planning and Supplements | 4 | WI/SU |
| SPP 6650 | Psychology of Performing Arts | 4 | WI/SU |
| SPP 6653 | Performance Psychology in High-Risk Occupations | 4 | FA/SP |

**Questions about courses, course planning, or registration?** [Contact your student advisor](https://www.uws.edu/community/academic-advising/) or email [studentsuccess@uws.edu](mailto:studentsuccess@uws.edu)