Students are **strongly encouraged** to adhere to the following course sequence. Not all courses are available every term.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **HNFM Certificate Course Sequence** | | | | | | |
| **Recommended Term** | **Course #** | **Course Name** | **Credits** | **Term Offered** | **Pre-requisite(s)** | **Term**  **Planned** |
| 1 | MSN6102 | Principles of Functional Medicine *(must be taken in first term)* | 4 | FA/SP |  |  |
| 1 | MSN6204 | Gastrointestinal Imbalances | 4 | FA/SP |  |  |
| 2 | MSN6101 | Evidence-Based Nutrition | 3 | WI/SU | MSN6102 |  |
| 2 | MSN6300 | Detoxification and Biotransformation Pathways and Imbalances | 3 | WI/SU |  |  |
| 3 | MSN7200 | Immune Imbalances and Inflammation | 4 | SP/FA |  |  |
| 4 | MSN6303 | Hormone and Neurotransmitter Regulation and Imbalances | 4 | SU/WI |  |  |
| 4 | MSN7106 | Autoimmune Disease: Causes and Strategies | 3 | SU/WI | MSN7200 |  |
| 4 | MSN7116 | Meal Planning in Health and Illness | 3 | SU/WI |  |  |
| any |  | Elective (see list below) | 2 | varies |  |  |
|  | **Certificate Core Total** | | **28** |  | | |
|  | **Certificate Elective Total** | | **2** |  | | |
|  | **Total Required** | | **30** |  | | |

|  |  |  |  |
| --- | --- | --- | --- |
| **HNFM Certificate Elective Courses – 2 credits required** | | | |
| **Course #** | **Course Name** | **Credits** | **Term Offered** |
| MSN7201 | Fundamentals of Mind-Body Medicine and The Psychology of Well-Being | 2 | SU |
| MSN8100 | Botanical Medicine | 2 | SP |
| MSN8115 | Advanced Practices *(modules from IFM; 2 credits each – max 4 credits allowed)* | 2-4 | All |
| MSN8125 | Pharmacology and Drug-Nutrient Interactions | 2 | WI |
| MSN8126 | Supervised Nutrition Mentorship I *(Program Director Approval Required)* | 2 | All |
| MSN8132 | Nutrigenetics and Nutrigenomics | 2 | WI |
| MSN8135 | Psychology of Eating and Wellness | 2 | SP |
| MSN8145 | Plant-Based Nutrition | 2 | FA |
| MSN8165 | Nutrition Practice Strategies | 2 | FA/SP |
| COUN6425 | Ethical Use of Telehealth Platforms | 2 | WI |

**Questions about courses, course planning, or registration?** [Contact your student advisor](https://www.uws.edu/community/academic-advising/) or email [studentsuccess@uws.edu](mailto:studentsuccess@uws.edu)

**Note:** some courses require pre-requisites in the master’s program that are not required in the certificate. Contact your student advisor if you need help with registration.

**Financial Aid:** Students utilizing financial aid must enroll in at least 3 credits per term to meet the financial aid enrollment status requirements.