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| **NC-SARA Licensure Information** |
| [NC-SARA](https://nc-sara.org/directory) is an agreement among member states that establishes comparable national standards for interstate offering of postsecondary distance education. UWS ascribes to [NC-SARA](https://nc-sara.org/directory) policies, including the responsibility to make reasonable efforts to determine whether the CMHC program meets the requirements for professional licensure in a student’s home state. As is common in the counseling profession, most state licensing agencies will **NOT** review programs or program courses **UNTIL** an applicant (student who completed an academic program) applies to pursue licensure. In such a case, the [NC-SARA](https://nc-sara.org/directory) policy then requires the university to provide contact information for the student directing them to the licensing agency in the student’s home state in case the student wants to contact the agency directly. See the link to your state’s licensing board website in the [CMHC Hub in Canvas](https://canvas.uws.edu/courses/306). |

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| **Clinical Mental Health Counseling Courses**  Students are **strongly encouraged** to adhere to the following course sequence. Several courses have **pre-requisites** that cannot be waived. Not all courses are available every term. | | | | |
| **Course #** | **Course Name** | **Credits** | **Term Offered** | **Term Planned or Completed** |
| COUN8101 | Ethics and Professional Identity **(must be taken in first term)** | 4 | All |  |
| COUN7430 | Counseling Methods and Practices | 4 | FA/SP/SU |  |
| COUN8110 | Personality and Counseling Theories | 4 | WI/SU |  |
| COUN8150 | Multicultural Counseling and Advocacy | 4 | All |  |
| COUN8115 | Human Growth and Development | 4 | FA/SP |  |
| COUN8145 | Psychopathology and Appraisal | 4 | FA/SP |  |
| COUN8120 | Research Methods and Program Evaluation | 4 | FA/WI/SU |  |
| COUN8130 | Group Counseling | 4 | WI/SU |  |
| COUN8400 | Psychopharmacology | 4 | FA/SP |  |
| COUN7715 | Tests and Assessments | 4 | FA/SP |  |
| COUN8010 | Marriage, Couple, and Family Counseling | 4 | WI/SP/SU |  |
| COUN8135 | Career Counseling | 4 | WI/SU |  |
| COUN8540 | Pre-Practicum  **Prerequisite:** COUN8101; **Pre/co-requisite:** COUN 7430 | 4 | SP/SU |  |
| COUN8140 | Addiction Counseling | 4 | FA/SP |  |
| COUN8555 | Clinical Counseling Practicum  **Prerequisites:** COUN7430, 8101, & 8540 | 4 | All |  |
|  | Elective 1: see list below | 4 | varies |  |
| COUN8575 | Clinical Counseling Internship | 4 | All |  |
|  | Elective 2: see list below | 4 | varies |  |
| COUN8575 | Clinical Counseling Internship | 4 | All |  |
| COUN8575 | Clinical Counseling Internship | 4 | All |  |
| SPP8550 | Sport Psychology | 4 | All |  |
| COUN8575 | Clinical Internship | 4 | All |  |
| COUN8845 | Capstone CMHC *(may be taken concurrently with last term of internship)***Prerequisites:** all core & clinical courses | 2 | All |  |
| **CMHC Core Total** | | **66** |  |  |
| **CMHC Elective Total** | | **8** |  |  |
| **CMHC Internship Total** | | **16** |  |  |
| **MS CMHC Total** | | **90** |  |  |
| **MS CMHC Degree Conferred** | | | | |

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| **Sport and Performance Psychology Core Courses** | | | | | | |
| **Course #** | | **Course Name** | **Credits** | | **Term Offered** | **Term Planned or Completed** |
| SPP8215 | | Applied Sport Psychology  **Prerequisites:** COUN8101, SPP8550 | 4 | | All |  |
| Choose 1: | | SPP8225 Applied Motor Learning  MSE8220 Biomechanics  MSE8500 Exercise Physiology | 4 | | WI/SU  FA/SP  WI/SU |  |
| SPP8230 | | Psychological Preparation and Mental Skills Training  **Prerequisites**: COUN8101, SPP8550, SPP8215 | 4 | | All |  |
|  | | Elective 1 *(See list below*) | 4 | | varies |  |
| Choose 1: | | SPP 8650 Psychology of Performing Arts  SPP 8653 Psychology of High-Risk Occupations | 4 | | WI/SU  FA/SP |  |
|  | | Elective 2 *(See list below*) | 4 | | varies |  |
| SPP8522 | | Sport and Performance Psychology Interventions  **Prerequisites:** SPP8215, 8230, 8550 | 4 | | All |  |
|  | | Elective 3 *(See list below*) | 4 | | varies |  |
| SPP8115 | | Scholarly Writing Methods and Practices  *Recommended immediately prior to SPP8116* | 2 | | WI/SU |  |
|  | | Elective 4 *(See list below*) | 4 | | varies |  |
| SPP8116 | | Applied Statistics for the Social Sciences (formerly SPP8125)  *Recommended immediately prior to SPP8131 Dissertation* | 4 | | FA/SP |  |
| **SPP Core Total** | | | **26** | |  | |
| **SPP Elective Total** | | | **16** | |  | |
| **SPP Culminating Experience – 16 credits required** | | | | | | |
| SPP8131 | Dissertation (repeat 4 terms)  **Prerequisite:** all previous courses; program director approval | | | 4 | Offered every term | |
| **SPP Culminating Experience Total** | | | | **16** |  | |
| **EdD SPP Program Total** | | | | **58** |  | |

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| **Program Credit Totals** | | |
| MS CMHC Specialization | 90 |  |
| SPP Core | 26 |  |
| SPP Elective | 16 |  |
| SPP Culminating Experience | 16 |  |
| **Total for program** | **148** |  |

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| **EdD SPP w/ CMHC Specialization Elective Course Options** | | | | |
| **Course #** | **Course Name** | **Credits** | **Term Offered** | **Term Planned or Completed** |
| COUN7425 | Ethical Use of Telehealth Platforms | 2 | WI |  |
| COUN7611 | Human Sexuality Counseling | 4 | FA |  |
| COUN7705 | Assistive Technology Supporting Mental Health Treatment | 2 | WI |  |
| COUN7801 | Medical and Psychosocial Aspects of Disabilities | 4 | SU |  |
| COUN7832 | Case Management and Community Partnerships | 4 | WI |  |
| COUN8020 | Eating Disorder Treatment | 4 | FA |  |
| COUN8085 | Business Basics for Clinicians and Consultants | 4 | SP |  |
| COUN8106 | Play Therapy | 4 | SU |  |
| COUN8565 | Trauma-Informed Treatment | 4 | SU |  |
| COUN8570 | Case Conceptualization and Treatment Planning | 4 | WI |  |
| LEAD8000 | Foundations of Positive Leadership | 4 | FA/SP |  |
| LEAD8100 | Applied Leadership in Sport and Performance Coaching  **Prerequisite:** LEAD8000 | 4 | WI/SU |  |
| LEAD8200 | Applied Leadership in Administrative Settings  **Prerequisite:** LEAD8000 | 4 | FA/SP |  |
| LEAD8300 | Applied Interventions for Peak Performance Cultures  **Prerequisites:** LEAD8000, SPP8511 | 4 | WI/SU |  |
| MSE8220 | Biomechanics | 4 | FA/SP |  |
| MSE8500 | Exercise Physiology | 4 | WI/SU |  |
| MSE8530 | Sports Nutrition | 4 | FA/SP |  |
| SMD6075 | Evidence-Based Concussion Management and Care | 2 | SP/SU |  |
| SPP8150 | Psychophysiology & Biofeedback | 4 | WI/SU |  |
| SPP8155 | Sport in Society | 4 | FA/SP |  |
| SPP8225 | Applied Motor Learning | 4 | WI/SU |  |
| SPP8235 | Psychology of Athletic Injury and Rehabilitation | 4 | WI/SU |  |
| SPP8245 | Athletic Nutrition Planning and Supplements | 4 | WI/SU |  |
| SPP8511 | Group, Team, and Organizational Dynamics | 4 | WI/SU |  |
| SPP8650 | Psychology of Performing Arts | 4 | WI/SU |  |
| SPP8653 | Performance Psychology in High-Risk Occupations | 4 | FA/SP |  |
| SPP8250 | Directed Study in Sport & Performance Psychology\* | 1-4 |  |  |
| SPP8255 | Field Problems in Sport & Performance Psychology\* | 1-4 |  |  |
| \* These courses are only available at the discretion of the Program Director | | | | |

**Questions about courses, course planning, or registration?** [Contact your student advisor](https://www.uws.edu/community/academic-advising/) or email [studentsuccess@uws.edu](mailto:studentsuccess@uws.edu)

**Planner Notes**

The EdD SPP w/CMHC specialization planner has been organized according to our overall program philosophy; namely, that your best education will be gained by building a strong theoretical foundation in your early courses, critically evaluating those theories and their application, and developing a personal framework for service delivery based upon those theories and critiques. The order of courses on this planner has been suggested in accordance with this philosophy. Regardless of the number of courses you take each term, or the overall length of time it takes to complete your program, you are strongly encouraged to progress through the courses in the sequence listed. This will assure that you are not only prepared for each course, but that you continue to hone your professional framework a bit more with each new course you complete.

Below you will find a few guidelines for the EdD SPP w/CMHC program. As you select your courses each term, be sure to take these into account to avoid any delays in your graduation date:

1. Students are highly discouraged from completing more than 3 courses in a single term.
2. Course pre-requisites exist for several courses in the EdD SPP w/CMHC program. As you design your academic plan, be mindful of any course pre-requisites and schedule accordingly. Waivers of course prerequisites will not be granted.
3. Students may not complete more than 4 credits of SPP 8131 Dissertation during a single term. All core and elective courses must be completed prior to beginning the initial term of SPP 8131 Dissertation.