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| **NC-SARA Licensure Information** |
| [NC-SARA](https://nc-sara.org/directory) is an agreement among member states that establishes comparable national standards for interstate offering of postsecondary distance education. UWS ascribes to [NC-SARA](https://nc-sara.org/directory) policies, including the responsibility to make reasonable efforts to determine whether the CMHC program meets the requirements for professional licensure in a student’s home state. As is common in the counseling profession, most state licensing agencies will **NOT** review programs or program courses **UNTIL** an applicant (student who completed an academic program) applies to pursue licensure. In such a case, the [NC-SARA](https://nc-sara.org/directory) policy then requires the university to provide contact information for the student directing them to the licensing agency in the student’s home state in case the student wants to contact the agency directly. See the link to your state’s licensing board website in the [CMHC Hub in Canvas](https://canvas.uws.edu/courses/306). |

Students are **strongly encouraged** to adhere to the following course sequence. Several courses have **pre-requisites** that cannot be waived. Not all courses are available every term. COUN8575 Internship cannot be taken at the same time as SPP8141 Mentorship.

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| **Clinical Mental Health Counseling Courses** | | | | |
| **Course #** | **Course Name** | **Credits** | **Term Offered** | **Term Planned or Completed** |
| COUN8101 | Ethics and Professional Identity **(must be taken in first term)** | 4 | All |  |
| COUN7430 | Counseling Methods and Practices | 4 | FA/SP/SU |  |
| COUN8110 | Personality and Counseling Theories | 4 | WI/SU |  |
| COUN8150 | Multicultural Counseling and Advocacy | 4 | All |  |
| COUN8115 | Human Growth and Development | 4 | FA/SP |  |
| COUN8145 | Psychopathology and Appraisal | 4 | FA/SP |  |
| COUN8120 | Research Methods and Program Evaluation | 4 | FA/WI/SU |  |
| COUN8130 | Group Counseling | 4 | WI/SU |  |
| COUN8400 | Psychopharmacology | 4 | FA/SP |  |
| COUN7715 | Tests and Assessments | 4 | FA/SP |  |
| COUN8010 | Marriage, Couple, and Family Counseling | 4 | WI/SP/SU |  |
| COUN8135 | Career Counseling | 4 | WI/SU |  |
| COUN8540 | Pre-Practicum  **Prerequisite:** COUN8101; **Pre/co-requisite:** COUN 7430 | 4 | SP/SU |  |
| COUN8140 | Addiction Counseling | 4 | FA/SP |  |
| COUN8555 | Clinical Counseling Practicum  **Prerequisites:** COUN7430, 8101, & 8540 | 4 | All |  |
|  | Elective 1: see list below | 4 | varies |  |
| COUN8575 | Clinical Counseling Internship | 4 | All |  |
|  | Elective 2: see list below | 4 | varies |  |
| COUN8575 | Clinical Counseling Internship | 4 | All |  |
| COUN8575 | Clinical Counseling Internship | 4 | All |  |
| SPP8550 | Sport Psychology | 4 | All |  |
| COUN8575 | Clinical Internship | 4 | All |  |
| COUN8845 | Capstone CMHC *(may be taken concurrently with last term of internship)***Prerequisites:** all core & clinical courses | 2 | All |  |
| **CMHC Core Total** | | **66** |  |  |
| **CMHC Elective Total** | | **8** |  |  |
| **CMHC Internship Total** | | **16** |  |  |
| **MS CMHC Total** | | **90** |  |  |
| **MS CMHC Degree Conferred** | | | | |

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| **EdD SPP w/ CMHC Specialization Elective Course Options** | | | | |
| **Course #** | **Course Name** | **Credits** | **Term Offered** | **Term Planned or Completed** |
| COUN 7425 | Ethical Use of Telehealth Platforms | 2 | WI |  |
| COUN 7611 | Human Sexuality Counseling | 4 | FA |  |
| COUN 7705 | Assistive Technology Supporting Mental Health Treatment | 2 | WI |  |
| COUN7801 | Medical and Psychosocial Aspects of Disabilities | 4 | SU |  |
| COUN7832 | Case Management and Community Partnerships | 4 | WI |  |
| COUN 8020 | Eating Disorder Treatment | 4 | FA |  |
| COUN 8085 | Business Basics for Clinicians and Consultants | 4 | SP |  |
| COUN 8106 | Play Therapy | 4 | SU |  |
| COUN 8565 | Trauma-Informed Treatment | 4 | SU |  |
| COUN 8570 | Case Conceptualization and Treatment Planning | 4 | WI |  |

**COUN8575 Internship cannot be taken at the same time as SPP8141 Mentorship.**

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| **SPP Core & SPP Consulting Concentration Courses** | | | | |
| **Course #** | **Course Name** | **Credits** | **Term Offered** | **Term Planned or Completed** |
| SPP8215 | Applied Sport Psychology  **Prerequisites:** COUN8101, SPP8550 | 4 | All |  |
| Choose 1: | SPP8225 Applied Motor Learning  MSE8220 Biomechanics  MSE8500 Exercise Physiology | 4 | WI/SU  FA/SP  WI/SU |  |
| SPP8230 | Psychological Preparation and Mental Skills Training  **Prerequisites**: COUN8101, SPP8550, SPP8215 | 4 | All |  |
| Choose 1: | SPP 8650 Psychology of Performing Arts  SPP 8653 Psychology of High-Risk Occupations | 4 | WI/SU  FA/SP |  |
| SPP8522 | Sport and Performance Psychology Interventions  **Prerequisites:** SPP8550, SPP8215, SPP8230 | 4 | All |  |
| SPP8523 | SPP Pre-Mentorship  **Prerequisites:** SPP8215, SPP8230, SPP8522, SPP8550 | 4 | WI/SU |  |
| SPP 8140  (SPCC course) | Introduction to Mentorship  **Prerequisite:** program director approval | 4 | All |  |
| SPP 8141  (SPCC course) | Mentorship (repeat 3 terms)  **Prerequisite:** SPP8140, program director approval | 4 | All |  |
| SPP 8141  (SPCC course) | Mentorship (repeat 3 terms)  **Prerequisite:** SPP8140, program director approval | 4 | All |  |
| SPP8115 | Scholarly Writing Methods and Practices  *Recommended immediately prior to SPP8116* | 2 | WI/SU |  |
| SPP 8141  (SPCC course) | Mentorship (repeat 3 terms)  **Prerequisite:** SPP8140, program director approval | 4 | All |  |
| SPP8116 | Applied Statistics for the Social Sciences (formerly SPP8125)  *Recommended immediately prior to SPP8131 Dissertation* | 4 | FA/SP |  |
| **SPP Core Total** | | **26** |  | |
| **Sport and Performance Consulting Concentration Total** | | **16** |  | |

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| **SPP Culminating Experience – 16 credits required** | | | | |
| 16-20 | SPP 8131 Dissertation (repeat 4 terms)  **Prerequisite:** all previous courses | 4 | All |  |
| **SPP Culminating Experience Total** | | 16 |  | |

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| **Program Credit Totals** | | |
| MS CMHC Specialization | 90 |  |
| SPP Core | 26 |  |
| SPPC Concentration | 16 |  |
| SPP Culminating Experience | 16 |  |
| **Total for program** | **148** |  |

**Questions about courses, course planning, or registration?** [Contact your student advisor](https://www.uws.edu/community/academic-advising/) or email [studentsuccess@uws.edu](mailto:studentsuccess@uws.edu)

**Planner Notes**

The EdD SPPPC w/CMHC specialization planner has been organized according to our overall program philosophy; namely, that your best education will be gained by building a strong theoretical foundation in your early courses, critically evaluating those theories and their application, and developing a personal framework for service delivery based upon those theories and critiques. The order of courses on this planner has been suggested in accordance with this philosophy. Regardless of the number of courses you take each term, or the overall length of time it takes to complete your program, you are strongly encouraged to progress through the courses in the sequence listed. This will assure that you are not only prepared for each course, but that you continue to hone your professional framework a bit more with each new course you complete.

Below you will find a few guidelines for the EdD SPP w/CMHC program. As you select your courses each term, be sure to take these into account to avoid any delays in your graduation date:

1. Students are highly discouraged from completing more than 3 courses in a single term.
2. Course pre-requisites exist for several courses in the EdD SPP w/CMHC program. As you design your academic plan, be mindful of any course pre-requisites and schedule accordingly. Waivers of course prerequisites will not be granted.
3. Students may not complete more than 4 credits of SPP 8131 Dissertation during a single term. All core and elective courses must be completed prior to beginning the initial term of SPP 8131 Dissertation.
4. Because of the dedicated focus required to develop two distinct skillsets for clinical counseling and consulting, students may not complete COUN clinical practicum/internship experiences in conjunction with SPP mentorship experiences.
5. Students may not complete more than 4 credits of SPP 8141 Mentorship during a single term.
6. COUN8575 Internship cannot be taken at the same time as SPP8141 Mentorship.
7. Students may complete the SPP 8140/8141 Mentorship in conjunction with SPP 8131 Dissertation; however, given the intensity and time commitment associated with each of these experiences, it is highly encouraged that students only pursue this in specific circumstances (i.e., conducting an *applied dissertation*.) If you are interested in this possibility, please contact the SPP Program Director.