Students are **strongly encouraged** to adhere to the following course sequence. Several courses have **pre-requisites** that cannot be waived. Not all courses are available every term.

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| **SPP Core & Elective Courses** |
| **Course #** | **Course Name** | **Credits** | **Term****Offered** | **Term Planned****or Completed** |
| COUN8101 |  Ethics & Professional Identity **(must be taken in first term)** | 4 | All |  |
| SPP8550 |  Sport Psychology  | 4 | All |  |
| SPP8215 |  Applied Sport Psychology  **Prerequisites:** COUN8101, SPP8550 | 4 | All |  |
| SPP8511 |  Group, Team, and Organizational Dynamics | 4 | WI/SU |  |
| COUN7430 |  Counseling Methods and Practices  | 4 | FA/SP/SU |  |
| SPP8230 |  Psychological Preparation and Mental Skills Training  **Prerequisites**: COUN8101, SPP8550, SPP8215 | 4 | All |  |
| COUN8150 |  Multicultural Counseling and Advocacy | 4 | All |  |
| SPP8522 |  Sport and Performance Psychology Interventions  **Prerequisites:** SPP8550, SPP8215, SPP8230 | 4 | All |  |
| COUN8145 |  Psychopathology and Appraisal  | 4 | FA/SP |  |
|  |  Elective 1 *(See list below*) | 4 | varies |  |
| Choose 1: |  SPP8225 Applied Motor Learning MSE8220 Biomechanics MSE8500 Exercise Physiology | 4 | WI/SUFA/SPWI/SU |  |
|  | Elective 2 *(See list below*) | 4 | varies |  |
| Choose 1: |  SPP8650 Psychology of Performing Arts SPP8653 Psychology of High-Risk Occupations | 4 | WI/SUFA/SP |  |
|  |  Elective 3 *(See list below*) | 4 | varies |  |
|  |  Elective 4 *(See list below*) | 4 | varies |  |
| SPP8115 |  Scholarly Writing Methods and Practices  *Recommended immediately prior to SPP8116* | 2 | WI/SU |  |
|  |  Elective 5 *(See list below*) | 4 | varies |  |
| SPP8116 |  Applied Statistics for the Social Sciences (formerly SPP8125) *Recommended immediately prior to SPP8131 Dissertation* | 4 | FA/SP |  |
|  **SPP Core Total**  | **50** |  |

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| **SPP Elective Total** | **20** |  |
| **SPP Culminating Experience – 16 credits required** |
| SPP8131 | Dissertation (repeat 4 terms)**Prerequisite:** all previous courses; program director approval | 4 | Offered every term |
| **SPP Culminating Experience Total** | **16** |  |
| **EdD SPP Program Total** | **86** |  |

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| **SPP Elective Course Options** |
| **Course #** | **Course Name** | **Credits** | **Term****Offered** |
| COUN7425 | Ethical Use of Telehealth Platforms | 2 | WI |
| COUN 7705 | Assistive Technology Supporting Mental Health Treatment | 2 | WI |
| COUN 8020 | Eating Disorder Treatment | 4 | FA |
| COUN 8085 | Business Basics for Clinicians and Consultants | 4 | SP |
| COUN 8135 | Career Counseling  | 4 | WI/SU |
| COUN 8140 | Addiction Counseling  | 4 | FA/SP |
| COUN 8400 | Psychopharmacology | 4 | FA/SP |
| LEAD 8000 | Foundations of Positive Leadership  | 4 | FA/SP |
| LEAD 8100 | Applied Leadership in Sport and Performance Coaching**Prerequisite:** LEAD 8000 | 4 | WI/SU |
| LEAD 8200 | Applied Leadership in Administrative Settings**Prerequisite:** LEAD 8000 | 4 | FA/SP |
| LEAD 8300 | Applied Interventions for Peak Performance Cultures **Prerequisites:** LEAD 8000, SPP 8511 | 4 | WI/SU |
| MSE 8220 | Biomechanics  | 4 | FA/SP |
| MSE 8500 | Exercise Physiology | 4 | WI/SU |
| MSE 8540 | Sports Nutrition | 4 | FA/SP |
| SMD 6075 | Evidence-Based Concussion Management and Care | 2 | SP/SU |
| SPP 8150 | Psychophysiology & Biofeedback | 4 | WI/SU |
| SPP 8155 | Sport in Society | 4 | FA/SP |
| SPP 8210 | Psychology of Performance Excellence | 4 | FA/SP |
| SPP 8225 | Applied Motor Learning | 4 | WI/SU |
| SPP 8235 | Psychology of Athletic Injury and Rehabilitation | 4 | WI/SU |
| SPP 8245 | Athletic Nutrition Planning and Supplements | 4 | WI/SU |
| SPP 8650 | Psychology of Performing Arts | 4 | WI/SU |
| SPP 8653 | Performance Psychology in High-Risk Occupations | 4 | FA/SP |
| SPP 8250 | Directed Study in Sport & Performance Psychology\* | 1-4 |  |
| SPP 8445 | Field Problems in Sport & Performance Psychology\* | 1-4 |  |
| \*Program director approval required |

**Questions about courses, course planning, or registration?** [Contact your student advisor](https://www.uws.edu/community/academic-advising/) or email studentsuccess@uws.edu

**Planner Notes**

The EdD SPP planner has been organized according to our overall program philosophy; namely, that your best education will be gained by building a strong theoretical foundation in your early courses, critically evaluating those theories and their application, and developing a personal framework for service delivery based upon those theories and critiques. The order of courses on this planner has been suggested in accordance with this philosophy. Regardless of the number of courses you take each term, or the overall length of time it takes to complete your program, you are strongly encouraged to progress through the courses in the sequence listed. This will assure that you are not only prepared for each course, but that you continue to hone your professional framework a bit more with each new course you complete.

Below you will find a few guidelines for the EdD SPP program. As you select your courses each term, be sure to take these into account to avoid any delays in your graduation.

**Note:** If you completed the UWS MS SPP degree, you will have already completed 24 of the 50 core credits required for the EdD degree. You will not retake these courses in the EdD program.

1. Students are highly discouraged from completing more than 3 courses in a single term.
2. Course pre-requisites exist for several courses in the MS SPP program, so please schedule accordingly. Waivers of course prerequisites will not be granted.
3. Students may not complete more than 4 credits of SPP 8131 Dissertation during a single term. All core and elective courses must be completed prior to beginning the initial term of SPP 8131 Dissertation.