Shape

Description automatically generated with medium confidence **MS in Sports Medicine**

**Physical Assessment and Rehabilitation Concentration**

**Program Planner: 63 credits**

Students are **strongly encouraged** to adhere to the following course sequence. Not all courses are available every term.

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| **Sports Medicine Core & Elective Courses** | | | | | |
| **Recommended Term** | **Course #** | **Course Name** | **Credits** | **Term**  **Offered** | **Term Planned or Completed** |
| 1 | SMD5101 | Sports Medicine Jurisprudence & Ethics | 2 | WI/SP |  |
| 1 | SMD5110 | Upper Extremity | 3 | WI/SP |  |
| 2 | SMD5310 | Lower Extremity | 3 | SP/SU |  |
| 2 | SMD5550 | Research Methods and Evaluation | 2 | SP/SU |  |
| 2 |  | SMD Elective (see list below) | 2 | varies |  |
| 3 | SMD5510 | Rehabilitation & Sports Performance | 3 | SU/FA |  |
| 3 | SMD5350 | Research & Biostatistics | 2 | SU/FA |  |
| 4 |  | SMD Elective (see list below) | 2 | varies |  |
| 4 | SMD5775 | Emergency Management | 2 | FA/WI |  |
| 4 | SMD5710 | Practical Lab Applications  **Pre-requisite:**SMD5510  **Pre or co-requisite:** SMD5775 | 2 | FA/WI |  |
| 5 | SMD5910 | Biomechanics | 4 | WI/SP |  |
| 5 | SMD6190 | Practicum  **Pre-requisite:** SMD5710  **Pre or co-requisite:** SMD5110, SMD5310 | 2 | WI/SP/SU |  |
| 6 | SPP6235 | Psychology of Athletic Injury and Rehabilitation | 4 | WI/SP/SU |  |
| 6 | SMD6190 | Practicum (must be taken twice for 4 credits) | 2 | WI/SP/SU |  |
| Total Sports Med Core | | | **31** |  | |
| Total Elective | | | **4** |  | |
| Total PAR Concentration | | | **28** |  | |
| **Total for Program** | | | **63** |  | |

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| **Elective Courses Options – 4 credits required** | | | |
| **Course #** | **Course Name** | **Credits** | **Term Offered** |
| SMD6005 | Diagnostic Imaging of Sports Injuries | 2 | FA/WI |
| SMD6075 | Evidence-based Concussion Management and Care | 2 | SP/SU |
| SMD6010 | Soft Tissue Treatment Applications and Methods | 2 | SP/SU |
| SMD6050 | Research Applications | 2 | FA/WI |
| MHF5003 | Identifying Mental Illness *(beginning Fall 2023)* | 2 | FA/SP |
| MHF5103 | Mental Health Referrals *(beginning Winter 2024)* | 2 | WI/SU |
| MHF5203 | Mental Health Communication Skills *(beginning Spring 2024)* | 2 | FA/SP |

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| **Physical Assessment & Rehabilitation Courses (PAR)**  (Courses dually attributed from the UWS Doctor of Chiropractic curriculum) | | |
| **Course #** | **Course Name** | **Credits** |
| CHR6326 | Spinal Disorders: Diagnosis & Management | 6 |
| CSC5284 | Extremity Radiographic Anatomy | 1.5 |
| CHR6332 | Extremity Biomechanics | 2 |
| CHR6333 | Extremity Muscle Testing | 1 |
| CHR6341 | Spinal Rehabilitation | 1 |
| CHR7128 | Lower Extremity Diagnosis & Management | 3 |
| CHR7129 | Lower Extremity Orthopedic Assessment | 1 |
| CHR7130 | Lower Extremity Taping and Splinting | .5 |
| CHR7230 | Upper Extremity Diagnosis and Management | 3 |
| CHR7231 | Upper Extremity Orthopedic Assessment | 1 |
| CHR7232 | Upper Extremity Taping and Splinting | .5 |
| CHR7266 | Advanced Rehabilitation | 3 |
| CHR6343 | Extremity Joint Play Assessment | .5 |
| CHR7139 | Extremity Joint Manipulations | 1 |
| CHR7233 | Extremity Manipulation Review | 1 |
| CHR6125 | Rehabilitation Principles | 2 |
|  | **Total** | **28** |

**Questions about courses, course planning, or registration?** [Contact your student advisor](https://www.uws.edu/community/academic-advising/) or email [studentsuccess@uws.edu](mailto:studentsuccess@uws.edu)