Students are **strongly encouraged** to adhere to the following course sequence. Several courses have **pre-requisites** that cannot be waived. Not all courses are available every term.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **SPP Program Course Sequence** | | | | |
| **Course #** | **Course Name** | **Credits** | **Term**  **Offered** | **Term Planned**  **or Completed** |
| COUN 6101 | Ethics and Professional Identity **(must be taken in first term)** | 4 | All |  |
| SPP 6550 | Sport Psychology | 4 | All |  |
| COUN 6110 | Personality & Counseling Theories | 4 | WI/SU |  |
| SPP 6215 | Applied Sport Psychology  **Prerequisites:** COUN6101, SPP6550 | 4 | All |  |
| COUN 6115 | Human Growth & Development | 4 | FA/SP |  |
| COUN 6145 | Psychopathology & Appraisal | 4 | FA/SP |  |
| SPP 6230 | Psych Prep & Mental Skills Training  **Prerequisites:** COUN6101, SPP6550, SPP6215 | 4 | All |  |
| COUN 6150 | Multicultural Counseling & Advocacy | 4 | All |  |
| SPP 6155 | Sport in Society | 4 | FA/SP |  |
| COUN 6120 | Research Methods & Program Evaluation | 4 | FA/WI/SU |  |
|  | Elective (see list below) | 4 | varies |  |
|  | Elective (see list below) | 4 | varies |  |
|  | Elective (see list below) | 4 | varies |  |
| SPP 6570 | Capstone (must be taken in final term) | 2 | All |  |
| **SPP Core Total** | | **40** |  | |
| **Elective Total** | | **12** |  | |
| **Capstone Total** | | **2** |  | |
| **MS SPP Program Total** | | **54** |  | |

|  |  |  |  |
| --- | --- | --- | --- |
| **SPP Elective Courses – 12 credits required** | | | |
| **Course #** | **Course Name** | **Credits** | **Term Offered** |
| COUN6020 | Eating Disorder Treatment | 4 | FA |
| COUN6085 | Business Basics for Consultants | 4 | SP |
| COUN6235 | Psychopharmacology | 4 | FA/SP |
| COUN6425 | Ethical Use of Telehealth Platforms | 2 | WI |
| COUN6705 | Assistive Technology Supporting Mental Health Treatment | 2 | WI |
| LEAD6000 | Foundations of Positive Leadership | 4 | FA/SP |
| LEAD6100 | Applied Leadership in Sport and Performance Coaching  **Prerequisite:** LEAD 6000 | 4 | WI/SU |
| MSE6500 | Exercise Physiology | 4 | WI/SU |
| MSE6220 | Biomechanics | 4 | FA/SP |
| MSE6530 | Sports Nutrition | 4 | FA/SP |
| SMD6075 | Evidence-Based Concussion Management and Care | 2 | SP/SU |
| SPP6235 | Psychology of Athletic Injury and Rehabilitation | 4 | WI/SU |
| SPP6225 | Applied Motor Learning | 4 | WI/SU |
| SPP6210 | Psychology of Performance Excellence | 4 | FA/SP |
| SPP6245 | Athletic Nutrition Planning and Supplements | 4 | WI/SU |
| SPP 650 | Psychology of Performing Arts | 4 | WI/SU |
| SPP6653 | Performance Psychology in High-Risk Occupations | 4 | FA/SP |
| SPP6250 | Directed Study in Sport & Performance Psychology\* | 1-4 | All |
| SPP6255 | Field Problems in Sport & Performance Psychology\* | 1-4 | All |
| \*Program director approval required | | | |

**Questions about courses, course planning, or registration?** [Contact your student advisor](https://www.uws.edu/community/academic-advising/) or email [studentsuccess@uws.edu](mailto:studentsuccess@uws.edu)

**Planner Notes**

The MS SPP planner has been organized according to our overall program philosophy; namely, that your best education will be gained by building a strong theoretical foundation in your early courses, critically evaluating those theories and their application, and developing a personal framework for service delivery based upon those theories and critiques. The order of courses on this planner has been suggested in accordance with this philosophy. Regardless of the number of courses you take each term, or the overall length of time it takes to complete your program, you are strongly encouraged to progress through the courses in the sequence listed. This will assure that you are not only prepared for each course, but that you continue to hone your professional framework a bit more with each new course you complete.

Below you will find a few guidelines for the MS SPP program. As you select your courses each term, be sure to take these into account to avoid any delays in your graduation date:

1. Students are highly discouraged from completing more than 3 courses in a single term.
2. Course pre-requisites exist for several courses in the MS SPP program, so please schedule accordingly. Waivers of course prerequisites will not be granted.
3. Elective courses should be completed toward the end of your program.
4. The SPP6570 Capstone course must be completed during your last term. If you choose to complete SPP6570 with another course, it must be an elective.
5. Taking SPP6570 by itself **will not meet** the enrollment status requirement to qualify for financial aid. Students using financial aid must take SPP6570 Capstone with an elective to meet the half time credit requirement (3 credits), as reflected in [Policy 1203 Enrollment Status](https://ftp.uws.edu/udocs/Public/Policies_Public_Access/Academic_Policies_1200s/Policy1203_Enrollment_Status.pdf).