



**Clinical Mental Health Counseling &
Sport and Performance Psychology Textbook List
Fall 23 - Summer 24**

Library Availability Explained:

- **Unlimited e-book:** text can be accessed online at any time through the UWS library
- **Limited e-book:** small number of e-book copies available through the UWS library; these e-books may become temporarily unavailable if all copies are in use
- **Print only:** no e-book version available through the UWS library. Short-term check out (6 weeks max) available for print copy. Information on borrowing books from the library is [available here](#).

Options for purchasing textbooks are listed under the [Textbook FAQs](#)

Jump to: [COUN Courses](#), [LEAD Courses](#), [MSE Courses](#), [SPP Courses](#)

COUN Courses

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
COUN6010 / 8010	Marriage, Couple, and Family Counseling	(2019). Marriage, couple, and family therapy: Theory, skills, assessment, and application. San Diego, CA: Cognella.	Flamez, B., & Hicks, J.	978-1516510351	Required	Print only
		(2011). The genogram journey: Reconnecting with your family. New York: W. W. Norton	McGoldrick, M.	978-0393706277	Required	Print only
		(2008). The neurobiology of "we": How relationships, the mind, and the brain interact to shape who we are. Audio CD: Audible	Siegel, D. J.	978-1591799498	Required	Limited audio CD version
COUN6020 / 8020	Eating Disorder Treatment	(2010). Treatment of eating disorders: Bridging the research-practice gap. San Diego, CA: Elsevier.	Maine, M., McGilley, B. H., & Bunnell, D. (Eds).	978-0128102077	Required	Unlimited e-book Print
		(2015). Casebook of evidence-based therapy for eating disorders. New York: Guilford.	Thompson-Brenner, H. (Ed).	978-1462520688	Required	Unlimited e-book Print
COUN6085 / 8085	Business Basics for Clinicians and Consultants	(2015). Practice development in sport and performance psychology. Morgantown, WV: West Virginia University, FIT Publishing.	Taylor, J. (Ed.)	978-1935412922	Required	Print only
		(2018). The accidental business owner: A friendly guide to success for health and wellness practitioners. Scotland: Handspring	Bowers, K.	978-1909141889	Required	Unlimited e-book Print

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Version: 1/16/24



**Clinical Mental Health Counseling &
Sport and Performance Psychology Textbook List**
Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
		(1986). Balance sheet basics: Financial management for non-financial managers. New York: Penguin.	Spurga, R. C.	978-1591840527	Recommended	
COUN6101 / 8101	Ethics and Professional Identity	(2014). Ethical issues in sport, exercise, and performance psychology. Morgantown, WV: West Virginia University, FIT Publishing.	Etzel, E. F., & Watson, J. C.	978-1935412199	Required *	Print only Available from publisher
		(2016). Ethics in counseling and psychotherapy: Standards, research, and emerging issues. (6th Ed.). Boston, MA: Cengage.	Welfel, E.	978-1305089723	Required *	Print only
COUN6106 / 8106	Play Therapy	(1964). Dibs: In search of self. New York: Ballentine.	Axeline, V.	978-0345339256	Required	Print only
		(2012). Play therapy: The art of the relationship. (3rd ed). New York: Taylor & Francis	Landreth, G. L.	978-0415886819	Required	Limited e-book Print
		(2011). Foundations of play therapy. (2nd ed.). New York: Wiley & Sons.	Schaefer, C. (Ed.).	978-0470527528	Required	Unlimited e-book Print
		(2020). Child parent relationship therapy: An evidence-based 10-session filial therapy model. New York: Routledge.	Bratton, S. C. & Landreth, G. L.	978-1138688940	Recommended	Unlimited e-book Print
		(2020). Child parent relationship therapy (CPRT) treatment manual: A 10-session filial therapy model for training parents. New York: Routledge.	Bratton, S. C., Landreth, G. L., Kellam, T., & Blackard, S.	978-0415952125	Recommended	Unlimited e-book Print
		(2006). Play therapy: An introduction. Upper Saddle River, NJ: Pearson Education, Inc.	Carmichael, K. D	978-0130974181	Recommended	Not available
		(2005). A practical handbook for building the play therapy relationship. Lanham, MD: Rowman & Littlefield Publishers.	Giordano, M., Landreth, G. & Jones, L.	978-0765701114	Recommended	Print only
		(2009). Play therapy theory and practice: Comparing Theories and techniques (2nd ed). Hoboken, NJ: John Wiley & Sons.	O'Connor, K. J., & Braverman, L. D. (Eds.)	978-0470122365	Recommended	Limited e-book
		(2015). Handbook of play therapy (2nd ed.). New York: John Wiley & Sons.	O'Connor, K. J., Schaefer, C. E.,	978-1118859834	Recommended	Limited e-book

Textbooks listed as Required with an * are required in multiple courses.
Textbooks listed in PURPLE are highly recommended for purchase

[Back to top](#)

Clinical Mental Health Counseling & Sport and Performance Psychology Textbook List

Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
			& Braverman, L. D.			
		(2014). The therapeutic powers of play: 20 core agents of change (2 nd ed.). Hoboken, NJ: Wiley	Schaefer, C. E. & Drewes, A.A.	978-1118336878	Recommended	Limited e-book
		(1994). Family play therapy. Lanham, ML: The Rowman & Littlefield Publishing Group, Inc.	Schaefer, C. L., & Carey, L.	978-1568211503	Recommended	Limited e-book
COUN6110 / 8110	Personality and Counseling Theories	(2020). Publication manual of the American Psychological Association (7th ed.). Washington, D.C.: American Psychological Association.	American Psychological Association	978-1433832161	Required *	Print only
		(2018). Systems of psychotherapy: A transtheoretical analysis (9th ed.). New York, NY: Oxford University Press.	Prochaska, J. O., & Norcross, J. C.	978-0190880415	Required *	Limited e-book Print
COUN6115 / 8115	Human Growth and Development	(2021). Counseling individuals through the lifespan. (2nd ed.). Thousand Oaks, CA: Sage.	Wong, Hall, & Hernandez, K. S.	978-1544343242	Required *	Print only
		(2020). The developing mind: How relationships and the brain interact to shape who we are. (3rd ed.). Brilliance Audio.	Siegel, D. J.	9781462542758	Required	Limited e-book Print
COUN6120 / 8120	Research Methods and Program Evaluation	(2020). Publication manual of the American Psychological Association (7th ed.). Washington, D.C.: American Psychological Association.	American Psychological Association	978-1433832161	Required *	Print only
		(2018). Understanding research: Becoming a competent and critical consumer (2nd ed.). Cognella.	Kottler, J. A., & Sharp, L.	978-1516526253	Required *	Print only
		(2017). Writing literature reviews: A guide for students of the social and behavioral sciences. New York, NY: Routledge.	Galvan, J. L., & Galvan, M. C.	978-0415315746	Required	Limited e-book Print
		National Institute of Health PHRP course. Sign up and complete.	National Institute of Health	Available here	Required	n/a
COUN6130 / 8130	Group Counseling	(2022). Group counseling: Strategies and skills (9th ed.). Cognella.	Jacobs, E. E., Schimmel, C. J.,	978-1793537195	Required *	Print only

Textbooks listed as Required with an * are required in multiple courses.

Textbooks listed in **PURPLE** are highly recommended for purchase

[Back to top](#)



**Clinical Mental Health Counseling &
Sport and Performance Psychology Textbook List**
Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
			Masson, R. L., & Harvill, R. L.			
COUN 6135 / 8135	Career Counseling	(2019). Career counseling (2nd ed.). Washington, DC: American Psychological Association.	Savickas, M. L.	978-1433829550	Required *	Unlimited e-book
COUN6140 / 8140	Addiction Counseling	(2019). Foundations of addiction counseling. (4th ed.). New York: Pearson.	Capuzzi, D., & Stauffer, M. D.	978-0135166932	Required	Print only
		(2008). Breaking free of the co-dependency trap. Navato, CA: New World Library	Weinhold, J. B., & Weinhold, B. K.	978-1577316145	Required	Limited e-book Print
COUN6145 / 8145	Psychopathology and Appraisal	(2022). Diagnostic and statistical manual of mental disorders. (5th ed, text revision.). Washington, DC: American Psychiatric Publishing.	American Psychiatric Association	978-0890425763	Required for CMHC students	Print only
		(2022). DSM-5-TR classification.	American Psychiatric Association	978-0890425831	Required for SPP students	Print only
		(2018). Abnormal psychology. (10th ed.). NY: Worth.	Comer, R., & Comer, J. S.	978-1319066949	Required	Print only
COUN6150 / 8150	Multicultural Counseling and Advocacy	(2019). Multicultural issues in counseling: New approaches to diversity.	Lee, C.	975-1556203695	Required *	Unlimited e-book Print
COUN6220 / 7430	Counseling Methods and Practices	(2020). 45 techniques every counselor should know. (3rd ed.). Hoboken, NJ: Pearson.	Erford, B. T.	978-0134694894	Required	Print only
		(2014). Introduction to counseling: Voices from the field. (8th ed.). Australia: Brooks Cole.	Kottler, J. A., & Shepard, D. S.	978-1285084763	Required	Print only
COUN6235 / 8400	Psychopharmacology	(2022). Diagnostic and statistical manual of mental disorders. (5th ed, text revision.). Washington, DC: American Psychiatric Publishing.	American Psychiatric Association	978-0890425763	Required *	Print only
		(2021). Handbook of clinical psychopharmacology for therapists. (9th ed.). Oakland, CA: New Harbinger.	Preston, J. D., O'Neal, J. H., & Talaga, M. C.	978-1626259256	Required	Unlimited e-book access Print
COUN6245 / 7245	Ethical Use of Telehealth Platforms	No texts required				

Textbooks listed as Required with an * are required in multiple courses.

Textbooks listed in **PURPLE** are highly recommended for purchase

[Back to top](#)



**Clinical Mental Health Counseling &
Sport and Performance Psychology Textbook List**
Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
COUN6540 / 8540	Pre-Practicum	(2022). Diagnostic and statistical manual of mental disorders. (5th ed, text revision.). Washington, DC: American Psychiatric Publishing.	American Psychiatric Association	978-0890425763	Required *	Print only
		(2015). Counseling and therapy skills (4th ed.). Long Grove, IL: Waveland.	Martin, D. G.	978-1478628750	Required	Print only
		Supervision Assist (Electronic Health Record platform); used in all clinical courses; 1-time purchase	n/a	Available here	Required	n/a
		Skillsetter (Counseling skill development platform); used in all clinical courses. \$59 per term. Instructor sends invitation during first week of course.	n/a	Available here	Required *	n/a
COUN6555 / 8555	Clinical Counseling Practicum	(2022). Diagnostic and statistical manual of mental disorders. (5th ed, text revision.). Washington, DC: American Psychiatric Publishing.	American Psychiatric Association	978-0890425763	Required *	Print only
		Skillsetter (Counseling skill development platform); used in all clinical courses. \$59 per term. Instructor sends invitation during first week of course.	n/a	Available here	Required *	n/a
		(2016). Theory and treatment planning in counseling and psychotherapy. (2nd ed.). Boston, MA: Cengage	Gerhart, D.	Available here	Required *	n/a
COUN 6565 / 8565	Trauma-Informed Treatment	(2018). Crisis assessment, intervention, and prevention. (3rd ed.). New York: Pearson	Jackson-Cherry, L. R., & Erford, B.	978-0134522715	Required *	Print only
		(2019). Trauma-Informed healthcare approaches: A guide for primary care. Cham, Switzerland: Springer	Gerber, M. R. (Ed).	978-3030043414	Required	Unlimited e-book Print
COUN 6570 / 8570	Case Conceptualization and Treatment Planning	(2018). Case conceptualization and treatment planning: Integrating theory with clinical practice. (4th ed.). Los Angeles, CA: Sage	Berman, P. S.	978-1506331386	Required	Print only
COUN6575 / 8575	Clinical Counseling Internship (4 terms)	Skillsetter (Counseling skill development platform); used in all clinical courses. \$59 per term. Instructor sends invitation during first week of course.	n/a	Available here	Required *	n/a
		(2009). Translating theory into practice. Long Grove, IL: Waveland.	Levitov, J. E., & Fall, K. A.	978-1577665601	Required	Print only

Textbooks listed as Required with an * are required in multiple courses.

Textbooks listed in **PURPLE** are highly recommended for purchase

[Back to top](#)



**Clinical Mental Health Counseling &
Sport and Performance Psychology Textbook List**
Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
		(2021). The complete adult psychotherapy treatment planner. (6th ed.). Hoboken, NJ: John Wiley & Sons. <i>NOTE: This publisher produces a variety of treatment planners. If students are offered a practicum or internship working with specific populations, such as children, veterans, trauma survivors, etc., students may choose a planner that is more applicable than this one. The library has many treatment planners in an e-book version.</i>	Jongsma, A. E., Peterson, L. M., & Bruce, T. J.	978-1119629931	Required	Unlimited e-book
		(2019). The clinician's thesaurus: The guide to conducting interviews and writing psychological reports (8th ed.). New York: Guilford.	Zuckerman, E. L. (2019).	978-1462538805	Required	Limited e-book Print
		(2018). Case conceptualization and treatment planning: Integrating theory with clinical practice. (4th ed.). Los Angeles, CA: Sage	Berman, P. S.	978-1506331386	Required	Print only
		(2016). Theory and treatment planning in counseling and psychotherapy. (2nd ed.). Boston, MA: Cengage	Gerhart, D.	Available here	Required *	n/a
COUN 6611 / 7611	Human Sexuality Counseling	(2016). Sexuality counseling: Theory, research, and practice. Thousand Oaks, CA: Sage.	Murray, C., Pope, A., & Willis, B.	978-1483343723	Required	Unlimited e-book and Print
COUN 6705 / 7705	Assistive Technology Supporting Mental Health Treatment	No text required				
COUN 6715 / 7715	Tests and Assessments	(2017). Principles and applications of assessment in counseling. (5th ed.). Boston, MA: Cengage.	Whiston, S. C.	978-1305271487	Required	Print only
COUN 6801 / 7801	Medical and Psychosocial Aspects of Disabilities	(2017). Disability handbook. Phoenix, AZ: Aspen Professional Services.	Andrew, J. D. & Andrew, M. J.	978-0985338954	Required	
		(2018). Medical & psychosocial aspects of chronic illness and disability (6 th ed.). Burlington, MA: Jones & Bartlett Learning	Falvo., D. & Holland, B. E.	978-1284105407	Required	

Textbooks listed as Required with an * are required in multiple courses.

Textbooks listed in **PURPLE** are highly recommended for purchase

[Back to top](#)

Clinical Mental Health Counseling & Sport and Performance Psychology Textbook List

Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
COUN 6832 / 7832	Case Management and Community Partnerships	(2017). Disability handbook. Phoenix, AZ: Aspen Professional Services	Andrew, J. D., & Andrew, M.J.	978-0985338954	Required	
		(2018). Psychosocial aspects of disability: Insider perspectives and strategies for counseling (2 nd ed.). New York: Springer.	Marini, I, Graf, N. M., & Millington, M. J.	978-0826180629	Required	
		(2018). Case management for the health, human, and vocational rehabilitation services. Phoenix, AZ: Aspen Professional Services.	Wilson, K. B., Acklin, C. L., & Chao, S-Y. (eds).	978-0985338985	Required	
COUN 6845 / 8845	CMHC Capstone	(2022). Diagnostic and statistical manual of mental disorders. (5th ed., text revisions). Washington, DC: American Psychiatric Publishing.	American Psychiatric Association	978-0890425763	Required	Print only
		(2020). Publication manual of the American Psychological Association (7th ed.). Washington, D.C.: American Psychological Association.	American Psychological Association	978-1433832161	Required	Print only
		(2014). Introduction to counseling: Voices from the field. (8th ed.). Australia: Brooks Cole.	Kottler, J. A., & Shepard, D. S.	978-1285084763	Required	Print only
		(2009). Translating theory into practice. Long Grove: IL: Waveland.	Levitov, J. E. & Fall, K. A.	978-1577665601	Required	Print only
		(2018). Systems of psychotherapy: A transtheoretical analysis (9th ed.). New York, NY: Oxford University Press.	Prochaska, J. O., & Norcross, J. C.	978-0190880415	Required	Limited e-book Print
LEAD Courses						
LEAD 6000 / 8000	Foundations of Positive Leadership	(2020). Discovering leadership: Designing your success. Thousand Oaks, CA: Sage Publishing	Middlebrooks, A., Allen, S. J., McNutt, M. S., & Morrison, J. L.	978-1506336824	Required	Print only
		(2022). Leadership: Theory and practice (9th ed). Thousand Oaks, CA: Sage Publishing	Northhouse, P. G.	978-1544397566	Required	Print only

Textbooks listed as Required with an * are required in multiple courses.

Textbooks listed in **PURPLE** are highly recommended for purchase

[Back to top](#)



Clinical Mental Health Counseling & Sport and Performance Psychology Textbook List

Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
LEAD 6100 / 8100	Applied Leadership in Sport and Performance Coaching	(2017). Positive psychology in sport and physical activity. Routledge.	Brady, A., & Grenville-Cleave, B. (Eds.)	978-1138235601	Required	Unlimited e-book Print
		(2021). The coaching zone: Next level leadership in sports. Yeager Leadership Press.	Yeager, J., & Cunha, J.	978-1736374702	Required	Print only
LEAD 8200	Applied Leadership in Administrative Settings	(2016). Applied leadership development. Routledge with Taylor and Francis.	Bolea, A., & Atwater, L.	978-1138952065 978-1315658261	Required	Unlimited e-book Print
		(2022). Contemporary leadership in sport organizations (2nd ed.). Human Kinetics.	Scott, D.	978-1718200302	Required	Print only
LEAD 8300	Applied Interventions for Peak Performance Cultures	(2014). How to build and sustain a championship culture. Cary, NC: Winning the Mental Game.	Janssen, J.	978-1892882691	Required	Print only
		(2016). Organizational culture and leadership (5th ed.). San Francisco, CA: Jossey-Bass.	Schein, E.H.	978-1119212041	Required	Unlimited e-book Print
LEAD 6400 / 8400	Culminating Experience in Leadership	No textbook required				
MSE Courses						
MSE 6220 / 8220	Biomechanics	(2021). Biomechanical basis of human movement (5th ed.). Philadelphia, PA: Wolters Kluwer.	Hamill, J., Knutzen, K., & Derrick, T.	978-1975144654 978-1975169701	Required	Print only
MSE 6500 / 8500	Exercise Physiology	(2021). Exercise physiology: Theory and application to fitness and performance (11th ed.). New York, NY: McGraw Hill Education.	Powers, S., & Howley, E.	978-1260237764 978-1260813470	Required	Print only
MSE 6530 / 8540	Sports Nutrition	(2013). Sports nutrition & performance enhancing supplements. Ronkonkoma, NY: Linus Learning	Smith-Ryan, A. E., & Antonio, J.	978-1607973391	Required	Print only
SPP Courses						
SPP 6155 / 8155	Sport in Society	(2021). Sports in society: Issues and controversies (13th ed.). New York, NY: McGraw Hill Education.	Coakley, J.	978-1260240665 978-1260834522	Required	Print only

Textbooks listed as Required with an * are required in multiple courses.

Textbooks listed in **PURPLE** are highly recommended for purchase

[Back to top](#)

Clinical Mental Health Counseling & Sport and Performance Psychology Textbook List

Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
		(2016). Fair and foul: Beyond the myths and paradoxes of sport (6th ed.). Lanham, MD: Rowman & Littlefield.	Eitzen, S	978-1442248434	Optional	Limited e-book Print
SPP 6210 / 8210	Psychology of Performance Excellence	(2010). Practicing positive psychology coaching: Assessment, activities and strategies for success. Hoboken, NJ: Wiley.	Biswas-Diener, R	978-0470536766	Required	Limited e-book Print
		(2016). In Pursuit of excellence: How to win in sport and life through mental training (5th ed.). Champaign, IL: Human Kinetics.	Orlick, T.	978-1450496506	Recommended	Unlimited e-book Print
		(2020). Transcend: The new science of self-actualization. New York: Penguin	Kaufman, S	978-0143131212	Recommended	Limited e-book Print
SPP 6215 / 8215	Applied Sport Psychology	(2021). Applied sport psychology: Personal growth to peak performance (8th ed.). New York: McGraw Hill.	Williams, J. M. & Krane, V	978-1259922398	Required *	Print only
SPP 6225 / 8225	Applied Motor Learning	(2020). Motor learning and performance (6th ed.) Champaign, IL: Human Kinetics	Schmidt, R. A., & Lee, T.D.	978-1492574682 978-1492593157	Required	Print only
SPP 6230 / 8230	Psychological Preparation and Mental Skills Training	(2016). In Pursuit of excellence: How to win in sport and life through mental training (5th ed.). Champaign, IL: Human Kinetics.	Orlick, T.	978-1450496506	Required*	Unlimited e-book Print
		(2001). Mind Gym: An athlete's guide to inner excellence. New York, NY: McGraw Hill	Casstevens, D. & Mack, G.	978-1450469814	Required	Print only
		(1999). Flow in sports: The keys to optimal experiences and performances. Champaign, IL: Human Kinetics	Jackson, S. A., & Csikszentmihay, M.	978-0078022708	Required	Print only
		(2019). Advances in sport and exercise psychology (4th ed). Champaign, IL: Human Kinetics	Horn, T. & Smith, A.	978-1492528920	Recommended	Print only
		(2021). Applied sport psychology: Personal growth to peak performance (8th Ed.).	Williams, J. W. & Krane, V.	978-0071395977	Recommended	Print only
		(2003). Inner strength: The dynamics of athletic performance	Vermacchia, R. A.	978-0880118767	Recommended	Print only

Textbooks listed as Required with an * are required in multiple courses.
Textbooks listed in **PURPLE** are highly recommended for purchase

[Back to top](#)



**Clinical Mental Health Counseling &
Sport and Performance Psychology Textbook List**
Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
SPP 6235 / 8235	Psychology of Athletic Injury and Rehabilitation	(2013). The Psychology of sport injury and rehabilitation. New York, NY: Routledge	Arvinen-Barrow, M., & Walker, N.	978-0415695893	Required	Unlimited e-book Print
SPP 6245 / 8245	Athletic Nutrition Planning and Supplements	(2013). Sports nutrition & performance enhancing supplements. Ronkonkoma, NY: Linus Learning	Smith-Ryan, A. E., & Antonio, J.	978-1607973393	Required	Print only
		(2011). Advanced sports nutrition (2nd ed.). Champaign, IL: Human Kinetics.	Bernadot, D	978-1450401616	Optional	Limited e-book Print
		(2014). Power Eating (4th ed.). Champaign, IL: Human Kinetics	Kleiner, S	978-1450430173	Optional	Unlimited e-book Print
		(2012). Racing weight: How to get lean for peak performance (2nd ed.). Boulder, CO: VeloPress	Fitzgerald, M.	978-1934030998	Optional	Limited e-book Print
SPP 6550 / 8550	Sport Psychology	(2019). Advances in sport and exercise psychology (4th ed). Champaign, IL: Human Kinetics	Horn, T. & Smith, A.	978-1492528920	Required*	Print only
SPP 6522	Sport and Performance Psychology Interventions	(2018). Complex cases in sport psychology. New York, NY: Routledge.	Coumbe-Lilley, J.	978-1138897366	Required	Limited e-book Print
		(2016). Being a sport psychologist. London, UK: Palgrave MacMillian	Keegan, R.	978-1137300898	Required*	Unlimited e-book Print
SPP 6570	Capstone	(2017). The peer guide to applied sport psychology for consultants in training. New York: Routledge	Aoyagi,M., Poczwardowski ,A., & Shapiro, J.L	978-1138860315 978-1138860308	Required*	Unlimited e-book Print
SPP 6650 / 8650	Psychology of Performing Arts	(2009). Performance psychology in action: A casebook for working with athletes, performing artists, business leaders, and professionals in high-risk occupations. Washington, DC: American Psychological Association.	Hays, K. F.	9781433804434	Required*	Unlimited e-book Print
		(2017). Creativity and the performing artist: Behind the mask. San Diego, CA: Elsevier Inc.	Thomson, P. & Jaque, S. V.	9780128040515	Required	Unlimited e-book Print

Textbooks listed as Required with an * are required in multiple courses.

Textbooks listed in **PURPLE** are highly recommended for purchase

[Back to top](#)



**Clinical Mental Health Counseling &
Sport and Performance Psychology Textbook List**
Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
SPP 6653 / 8653	Performance Psychology in High-Risk Occupations	(2009). Performance psychology in action: A casebook for working with athletes, performing artists, business leaders, and professionals in high-risk occupations. Washington, DC: American Psychological Association.	Hays, K..	9781433804434	Required*	Unlimited e-book Print
SPP 8115	Scholarly Writing Methods and Practices	(2020). Publication manual of the American Psychological Association (7th ed.). Washington, D.C.: American Psychological Association.	American Psychological Association.	978-1433832161	Required	Print only
		(2016). Writing a proposal for your dissertation: Guideline and examples. New York, NY: Guilford.	Terrell, S. R.	978-1462523023	Required	Unlimited e-book Print
SPP 8116 (was SPP 8125)	Applied Statistics for the Social Sciences	(2020). Publication manual of the American Psychological Association (7th ed.). Washington, D.C.: American Psychological Association.	American Psychological Association.	978-1433832161	Required	Print only
		Statistical Package for the F Social Sciences (SPSS) v. 25 (Software)		Available here	Required	n/a
		(2011). Reading Statistics and Research (6th ed.). Pearson.	Huck, S. W.	978-0133000740	Recommended	Print only
		(2018). Discovering statistics using IMB SPSS statistics (5th ed.) North American Edition. Thousand Oaks, C.A.: Sage Publications.	Field, A.	978-1526445766	Recommended	Print only
SPP 8150	Psychophysiology & Biofeedback	(2018). Handbook of sport neuroscience and psychophysiology. New York, NY: Taylor & Francis.	Carlstedt, R.(Ed)	978-1138852181	Required	Unlimited e-book
SPP 8511	Group, Team, and Organizational Dynamics	(2014). Group dynamics in exercise and sport psychology (2nd ed.). New York, NY: Routledge.	Eys, M. A., & Beauchamp, M. R., (Eds.).	978-0415835770 978-0415835763	Required	Unlimited e-book Print
		(2002). The five dysfunctions of a team: A leadership fable. San Francisco, CA: Jossey-Bass.	Lencioni, P.	978-0787960759	Optional	Unlimited e-book Print
SPP 8522	Sport and Performance	(2014). Ethical issues in sport, exercise, and performance psychology. Morgantown, WV: Fitness Information Technology.	Etzel, E. F., & Watson, J. C., II.	978-1940067209	Required*	Print only

Textbooks listed as Required with an * are required in multiple courses.

Textbooks listed in **PURPLE** are highly recommended for purchase

[Back to top](#)



**Clinical Mental Health Counseling &
Sport and Performance Psychology Textbook List
Fall 23 - Summer 24**

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
	Psychology Interventions	(2017). Sport and exercise psychology: Practitioner case studies. Malden, MA: Wiley-Blackwell.	Cotterill, S., Weston, N., & Breslin, G., (Eds.).	978-1118686508	Optional	Unlimited e-book Print
		(2016). In Pursuit of excellence: How to win in sport and life through mental training (5th ed.). Champaign, IL: Human Kinetics.	Orlick, T.	978-1450496506	Optional	Unlimited e-book Print
		(2014). Changing the game. New York, NY: Morgan James Publishing.	O'Sullivan, J.	978-1614486466	Optional	Unlimited e-book Print
SPP 8523	SPP Pre-Mentorship	(2016). Being a sport psychologist. London: Palgrave.	Keegan, R.	978-1137300898	Required*	Limited e-book Print
		(2017). The peer guide to applied sport psychology for consultants in training. New York: Routledge	Aoyagi, M., Poczwardowski, A., Shapiro, J.L.	978-1138860308	Required*	Unlimited e-book Print
		(2023). Reflective Practice in the Sport and Exercise Sciences: Critical Perspectives, Pedagogy, and Applied Case Studies. New York: Routledge.	Knowles, Z., Gilbourne, D., Cropley, B., & Dugdill, L.	978-1000855920	Required	Unlimited e-book
		(2012). Expert approaches to sport psychology. Morgantown, WV: Fitness Information Technology.	Aoyagi, M., Poczwardowski, A., Shapiro, J.L.	978-1935412366	Recommended	Print
SPP 6140 / 8140 SPP 6141 / 8141	Mentorship Courses	(2017). The peer guide to applied sport psychology for consultants in training. New York: Routledge	Aoyagi, M., Poczwardowski, A., & Shapiro, J.L.	978-1138860315 978-1138860308	Required*	Unlimited e-book Print

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[Back to top](#)



Clinical Mental Health Counseling & Sport and Performance Psychology Textbook List Fall 23 - Summer 24

Course Number	Course Name	Book Title	Author	ISBN	Required or Recommended	UWS Library Availability
SPP 8130 / 8131	Dissertation Courses	(2016). Being a sport psychologist. London: Palgrave	Keegan, R.	978-1137300898	Recommended	Limited e-book Print
		(2018). Assessment in applied sport psychology. Human Kinetics	Taylor, J.	978-1492526346	Recommended	Print
		(2020). Publication manual of the American Psychological Association (7th ed.). Washington, D.C.: American Psychological Association.	American Psychological Association.	978-1433832161	Required	Print only
		(2016). Writing a proposal for a dissertation: Guideline and examples. New York, NY: Guilford	Terrell, S. R.	978-1462523023	Optional	Unlimited e-book Print
		(2018). Research design: qualitative, quantitative, and mixed methods approaches (5th ed). SAGE Publications. (e-book provided in course)	Creswell, J.W.	978-1506386706	Optional	Print only

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