



HUMAN
NUTRITION

AND FUNCTIONAL
MEDICINE



HELPING
YOU
BUILD
A FUTURE
OF
PURPOSE.

UWS OFFERS:

- Doctor of Clinical Nutrition
- Master of Science in Human Nutrition and Functional Medicine
- Graduate Certificate in Human Nutrition and Functional Medicine

Earn your degree or certificate in human nutrition and functional medicine alongside a diverse cohort of skilled and deeply committed scholars and professionals from around the world. You'll learn from accomplished faculty who will empower you to master a whole person approach to health care. Our approach to education is different and it gets results. UWS graduates have achieved some of the highest scores in the country on the Certified Nutrition Specialist exam. That's the future we're ready to help you build.

“The program's unique focus on functional medicine was what turned a shadowing session into a job opportunity for me. The women's health medical practice was impressed that alongside my human nutrition knowledge I was also getting formal training in functional medicine, so they asked me to join their team as an intern. Then, they offered me a job nine months before I graduated because of that unique credential. At UWS, I was able to acquire excellent clinical skills and get my name out into the community.”



I WAS ABLE TO ACQUIRE
EXCELLENT CLINICAL SKILLS.

Katie Garrot

*MS in Human Nutrition and
Functional Medicine, '17*



LEARN
WITHOUT
COMPROMISE.

A photograph of two women, one Black and one Asian, looking at a tablet together. In the foreground, there is a variety of fresh fruits including a pineapple, bananas, strawberries, and bell peppers. The background is a bright, modern kitchen.

YOU'RE NOT AVERAGE AND NEITHER ARE WE.

In fact, we're the only program of our kind that integrates both human nutrition and functional medicine to shape future leaders to influence these fast-growing and increasingly vital fields.

CHANGE HEALTH CARE IN ALL THE RIGHT WAYS.

Our well-crafted, rigorous curriculum sets the standard, mastering a whole-person approach to health care, with courses that help you achieve your professional goals.

You may live anywhere, but you'll always be deeply connected to your learning community. Our fully online programs bring together an incredible range of scholars and practicing professionals from many fields, and you will have opportunities to learn from all of them. Shared courses and discussion boards will connect you to a diversity of perspectives and real-world applications.

OUR STANDARDS ARE HIGH.

And so is the energy that we bring to help you meet them. We will walk beside you at every step, tailoring our support to your unique journey. So when you graduate, you will be ready to do more than succeed—you will be ready to lead.

And for MS graduates who wish to continue their education or specialize in the field, UWS offers a Doctor of Clinical Nutrition program that emphasizes the development of advanced clinical skills encompassing a broader range of conditions and therapies.

WHY UWS?

HERE ARE SIX REASONS UWS IS THE RIGHT PLACE TO PURSUE YOUR FUTURE IN HUMAN NUTRITION AND FUNCTIONAL MEDICINE.

1

WE'RE UNMATCHED.

UWS offers the only accredited graduate program in functional medicine in the world. Here, the study of nutrition and functional medicine is deeply integrated into the curriculum, preparing students with the knowledge and confidence to excel both in life and career.

2

WE'RE CLINICALLY ORIENTED.

Through application-focused courses taught by experienced clinicians and researchers, you'll develop the skills you need to take the lead in transforming health care.

3

WE'RE COLLABORATING WITH THE FOUNDERS

Our programs are offered as a collaborative endeavor between UWS and the Institute for Functional Medicine (IFM), the organization which founded and developed the key functional medicine concepts used today. This collaboration merges UWS's accredited, graduate-level coursework with IFM's cutting-edge clinical tools and strategies to create a unified whole. It means you get everything you need to fully participate in the future of health care.

4

WE'RE AHEAD OF THE CURVE.

The strongest research available informs what we teach. As our understanding of health, disease and nutritional therapeutics grows and shifts, our curriculum updates. And our digital library puts all that information at your fingertips, no matter where you are.

5

WE'LL MEET YOU WHERE YOU ARE.

At UWS, you'll experience flexibility. Our online approach and quarter system make our DCN, MS and graduate certificate programs affordable and adaptable to your life.

6

WE'RE A POWERFUL PARTNER.

With a degree or certificate from UWS, you'll open up exciting career pathways. Our graduates are working in personalized nutrition coaching, education, health coaching and more—all over the world. You'll emerge ready to meet your goals, prepared to pass clinical exams, establish or enhance a successful career and provide exceptional care to every client you serve.

Learn more at uws.edu/hnfm.

TAKE THE LEAD IN WHOLE- PERSON HEALTH CARE.

Learn more at uws.edu/hnfm.



University of Western States offers equal opportunity to all and admits students of any race, color, national origin, religion, age, sex, sexual orientation, gender identity or expression, disability or veteran status. Visit our website to learn more about our equal opportunity and non discrimination policies at uws.edu/consumer information.