



SPORT

AND PERFORMANCE
PSYCHOLOGY

YOU
WANT
THE
BEST.

AND THAT'S EXACTLY
WHERE UWS CAN
LEAD YOU.



UWS OFFERS:

- Master of Science in Sport and Performance Psychology
Concentrations:
 - > *Applied Practice*
 - > *Positive Coaching*
- Doctor of Education in Sport and Performance Psychology
Concentrations:
 - > *Sport and Performance Psychology Consulting*
 - > *Positive Leadership and Administration**Specialization:*
 - > *Clinical Mental Health Counseling*
- Graduate Certificate in Applied Sport Psychology

Earn your degree in sport and performance psychology alongside a cohort of engaging classmates and a faculty who are at the top of their fields. Full time coaches who live halfway around the world. Performers and athletes who travel to compete. Leaders and achievers from all disciplines who simply expect more – these are your peers. And you'll reap the benefits from all that they share.

“UWS provides a top of the line experience for the students; both from an academic and student experience perspective. They promote social connection between students, encourage feedback and offer opportunities to get involved in the field.”



I HAVE BUILT
NETWORKS AND
FRIENDSHIPS WITH MY
FELLOW CLASSMATES.

Alli McKee, CSCS

*MS in Sport and Performance
Psychology, '22; EdD in Sport and
Performance Psychology, '24*

HELP OTHERS COMPETE AT THEIR BEST.



YOU WANT THE
MOST—OUT OF
YOURSELF
AND YOUR
DEGREE.



WE GET IT.

This is the reason we've built an innovative program that helps students learn what is needed to enhance performance and transform lives.

At UWS, you don't have to choose between sport psychology or counseling. Our unique approach integrates training in both areas, offering you a broader professional scope and a deeper engagement in the field—and so much more.

Our program helps you build true confidence in yourself and in your ability to help others.

When you're trained by instructors who are recognized in the field, learning alongside coaches and business leaders and professionals across the globe, when you've developed composure under pressure through actual experience with clients, you don't just feel confident. You are confident. Because you're prepared and competent.

OUR PROGRAM INSPIRES COMMITMENT.

Commitment to your classmates, whose diverse perspectives and experiences will be another asset to help you excel. Commitment to rigorous coursework, shaped to ensure you'll succeed at certification exams, like the Certified Mental Performance Consultant exam, and easily meet regional licensure requirements. Commitment to yourself as you become the best you can be.

For MS graduates who want to continue their education and specialize in their field, UWS offers a doctoral degree in sport and performance psychology with options to concentrate in your individual area of interest, like leadership or clinical mental health counseling.

WHY UWS?

HERE ARE EIGHT REASONS UWS IS THE RIGHT PLACE TO PURSUE YOUR FUTURE IN SPORT AND PERFORMANCE PSYCHOLOGY.

1 EXCELLENCE.

You'll offer your best and help others achieve theirs. You'll know that UWS was a choice that not only helped you launch your career but also advances the careers of your clients.

2 ALIGNMENT WITH THE FIELD.

Our coursework is aligned with the Certified Mental Performance Consultant (CMPC) knowledge domains, so you will complete the coursework required to sit for the CMPC exam. You'll feel confident because you'll be prepared.

3 QUALITY.

We don't compromise on quality. Our expectations are high, and the success of our graduates proves it.

4 ENGAGEMENT.

You'll experience unmatched attention from our faculty. Regardless of the physical miles between you, you'll find the support you receive is personalized, perceptive and patient.

5 CONNECTION.

Your student peers come from everywhere and from all disciplines, and we believe that kind of diversity benefits us all.

6 ACCESS.

Regular face to face virtual meetings mean our fully online program is deeply engaging. You'll develop the kinds of deep relationships that build your career.

7 DESIGNED TO FIT YOUR LIFE.

You decide your course load. You decide where you'll live. You decide your area of focus. We offer maximum flexibility for students who are serious about building the future they deserve.

8 VALUE.

You can complete this rigorous degree in less time, for less money, compared to other programs. Our program offers an interdisciplinary focus and meaningful learning opportunities without placing a huge stress on your finances.

Learn more at uws.edu/spp.

READY TO BEGIN?

Unlock your full potential at
uws.edu/spp.



University of Western States offers equal opportunity to all and admits students of any race, color, national origin, religion, age, sex, sexual orientation, gender identity or expression, disability or veteran status. Visit our website to learn more about our equal opportunity and non-discrimination policies at uws.edu/consumer-information.